



RESTAURANT GUIDE

WORLDCON 75



WELCOME TO THE

WORLDCON 75 RESTAURANT GUIDE!

Helsinki has a vibrant and diverse restaurant scene. What we've tried to do with this guide is to give out-of-town Worldcon 75 members a little bit of inside intel on some of local fandom's favorite places to eat and drink in Helsinki. These are all places that the contributors to our guide have been to and liked. There should be something for everyone here, from fast food joints to Michelin-star fine dining. It would be impossible to cover everything good Helsinki has to offer in a concise guide like this, so there are plenty of opportunities for you to make some discoveries of your own.

To start off with, we'll give you some general information on Helsinki restaurants and local dining customs. This is followed by a key for the restaurant entries and then the entries themselves.

To help you find your way around we've divided central Helsinki into five rough geographical areas: Pasila, Downtown, West, East, and The Great Beyond. To help you get your bearings, each geographical section of the guide starts with a brief introduction to the area, how to get there from Messukeskus and what general points of interest you can find there, as well as maps showing the locations of the listed restaurants.

At the end of the guide, we've included a themed index to make it easier to find a particular kind of place.

As a final piece of advice, when in doubt, don't be afraid to ask the locals! We Helsinki residents tend to be proud of our city and are very happy to share our experiences and recommendations with visitors. So without further ado, welcome to Helsinki. Syömään!



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WORLDCON 75

RESTAURANT GUIDE

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GENERAL INFORMATION

Helsinki is currently undergoing a “fun dining” wave. It seems not a day goes by without a new street food restaurant being opened on one corner or another, from Mexican burrito shops to a boom of high-quality burger joints. At the same time, many Helsinki restaurateurs are opening casual fine dining restaurants, where the food is top-notch but the atmosphere is laid-back. Helsinki also has many restaurants with long histories and traditions.

FAST FOOD

Helsinki has many of the standard international food chains you'd see elsewhere in Europe and North America along with some local chains. As most of these

types of places tend to be unsurprising, we've only given them their own entries if there's something special about them that stands out.

At least when downtown, you should have no trouble finding a McDonalds, Burger King, the local Hesburger chain, Subway, or Pizza Hut. Some of the better quality Helsinki fast food chains include Fafa's (pitas and meze), Street Gastro (hot sandwiches), and Pizzarium (Roman-style pizza).

Helsinki is also full of Kebab Pizzerias and Chinese restaurants. Pizza is usually sold as whole pies, not by the slice, though the pies are smaller than what you'd get, for example, in the U.S. Most Chinese restaurants offer a fairly

standard selection of dishes catering to Western palates. The food in these kinds of fast food joints is generally nothing to write home about, but should do a good job of filling you up without breaking the bank. Helsinki also has a number of “Grill Kiosks” that open at night to cater to people looking for something to soak up some alcohol with. Kebab pizzerias also tend to be open quite late to cater to the same crowd.

TAKE-OUT

Not many restaurants in Helsinki offer home-delivery, but being a technologically oriented people, there are a couple of free apps available to fill that niche. Wolt and Foodora maintain their own lists of restaurants and have their own delivery crews. You pick what you want from the list, give them the address you want it delivered to, pay via the app, and wait for their delivery person to bring it to you (there's no need to tip the delivery person, see the section on tipping below).

ALCOHOL AND SMOKES

Finland has quite strict alcohol legislation. The legal drinking age is 18. It is quite common for young-looking people to be asked for picture ID when purchasing alcohol. Bars and nightclubs will often also set higher age limits for customers.

Grocery stores are only allowed to sell alcoholic beverages with an alcohol content of 4.7% or lower, i.e. beers, hard ciders, etc., and only between the hours of 9 am and 9 pm. Beverages with higher alcohol content must be purchased at the state-run Alko stores. Alkos have an additional restriction that they are not



A QUICK FINNISH LESSON

The Finnish word for restaurant is *ravintola*, and you will see this in the names of many establishments in Helsinki. We've for the most part left it out of the names in the listings, if only to save on typing *ravintola*, *ravintola*, *ravintola* dozens of times.

It is important to keep in mind that some places that have the word *ravintola* in their name don't actually serve food, and are, in fact, simply bars. This confusing naming convention dates back to the post-prohibition era, when it was only legal to serve alcohol with food. This led to all drinking establishments being restaurants, even if all they served were “communal sandwiches”, which weren't actually eaten, but just moved from table to table as props in case the inspectors showed up. Most places that actually serve food will have their menu posted outside the door.

The word for bar is *baari*, which is easy, The word for nightclub on the other hand is *yökerho*, which we don't recommend foreigners attempt pronouncing within earshot of the bouncer lest he decide you've passed your limit for the evening. Fortunately for tourists, many nightclubs, bars, and restaurants actually have English names these days, so it shouldn't be too hard to figure out what kind of establishment you're about to step into.



LUNCH DEALS

Many restaurants that are open during the daytime will offer lunch deals on weekdays. Prices will usually range between €10 and €15. Finland is still quite attached to agrarian working hours with relatively early meal times. Lunch hours are usually from 11–14 with 11–13 being the busiest lunch rush.

allowed to sell hard alcohol (over 22% alcohol content) to people under 20 (this doesn't apply to bars though).

It is not permitted to bring your own alcohol into restaurants or leave a restaurant with alcohol. However, drinking alcohol in public is permitted, so long as it doesn't cause a disturbance. The police will use their discretion in that regard, but having a picnic or a couple of drinks in the park should not be a problem.

While there is a liberalization of alcohol policy in the works, it will not be in effect yet at the time of the con.

Restaurants in Finland are non-smoking by law, and this also covers vaping. Usually smokers will have to go outdoors.

TIPPING

Gratuity is included in the bill as a rule. Some places have started including a tipping prompt in their card readers, but it's perfectly acceptable to skip it. If you're particularly happy about the service you received, there's nothing to stop you from tipping your server, but this is not expected. Many bars and cafes, for example, will have some kind of tip jar on the counter. There's no real rule of thumb as to how much to tip, many people just leave their change. The price on the menu is also inclusive of tax, so what you see on the menu is what will end up on your bill.

LAST CALL AND KITCHEN HOURS

Depending on their licence, bars usually close between 01:00 and 04:00, with alcohol service ending half an hour earlier. They signal this by dimming the lights a couple of times. Note that this dimming

is not an invitation for final orders, but a notice that no more alcohol will be served, and the staff will often start encouraging people to leave at this point.

Restaurants will usually close earlier than bars, and it is common for the kitchen to close an hour or so before the official closing time. This is something that's worth double checking if you're planning on a late meal.

HYGIENE

Restaurant hygiene standards are very high in Finland. Restaurants are required to post the result of their last inspection near the entrance. The result is summarized by four smiley-faces: the wider the smile the better the result. Generally speaking, you shouldn't have to worry about food poisoning at all.

Helsinki also has some of the best tap water in the world (seriously, there have been plans to bottle it for sale in Saudi Arabia). If you ask for water, most places will assume you mean tap, though some will ask whether you want carbonated or still.

GETTING AROUND

We recommend using Helsinki's excellent public transport system to get around. Your convention package includes a 5-day ticket. For the purposes of this restaurant guide, the main public transport lines to keep in mind are the main railway line into Helsinki that runs right by the convention center as well as the number 7 trams that stop in front of the center. The 7A tram loops east on its way from Pasila downtown. Normally, the 7B would loop west from Messukeskus, but due

SPECIAL DIETARY NEEDS

Helsinki restaurants are generally quite good at catering to special dietary needs, with lactose-free, gluten-free, vegetarian and vegan dishes marked clearly on the menu. Restaurants are usually good about modifying dishes to cater to particular allergies if necessary. If in doubt about dietary requirements, don't be afraid to ask.

to track work during the con, it will be replaced by the 7x bus. The 7x will take the same route through the Töölö neighborhood with its terminus in downtown Helsinki. For more detailed information on this change, please see the Helsinki Transit notice at <https://www.hsl.fi/en/traffic-bulletins/2017/tram-routes-2-3-7a-and-7b-diverted-until-13-august-2017-replacement-buses>. Tram line 9 also loops via the convention center, and then goes through Kallio and downtown to the western harbor.

We recommend using Helsinki's comprehensive online journey planner at <https://www.reittiopas.fi/>

NB! In addition to changes due to construction work mentioned above, the route of the number 7 trams is changing the day after the con. There should be plenty of info available on this in English during the con.

USING THIS GUIDE

Each restaurant entry lists the street address and contact information of the restaurant as well as the restaurant's number on the maps. For whatever reason, the map-making app we used decided to randomly assign numbers to the restaurants and we were unable to get it to act sensibly. Please don't look for a pattern, you might inadvertently open a rift in the space-time continuum. Phone numbers include the country code in front. If calling from a phone with a local sim card, you can replace the +358 at the front of the number with a zero, but you don't have to. Website addresses are provided for all places that have one, and we include social media accounts if the restaurant is particularly active in them. Opening hours have been listed in the 24-hour system (army time). The info desk will be able to point you towards basic services, such as grocery stores and pharmacies, located near the con site.

We've marked rough price ranges with a three level system:

✦ = 10 euros or less main course
drinks 5 euros or less (if a bar)

✦✦ = 10–20 euros main course
drinks 5–10 euros

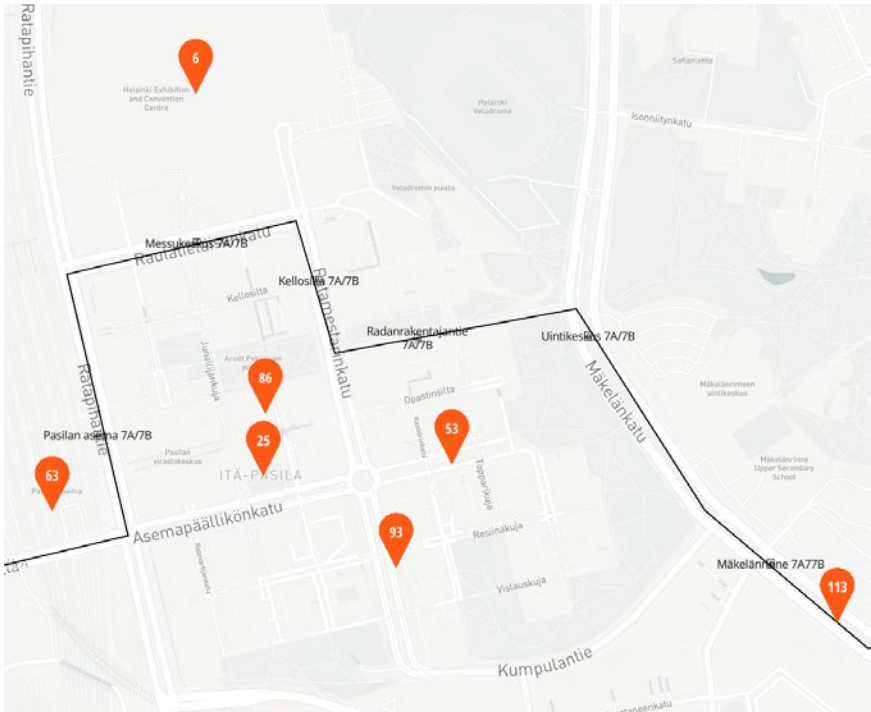
✦✦✦ = over 20 euros main course
drinks over 10 euros.

For accessibility information, we have used two main categories: fully wheelchair accessible (no thresholds) and crutch/cane friendly (i.e. 1–3 steps). Anything beyond a couple of steps we have classed as not accessible. We've also tried to err on the side of caution, and have classed borderline situations according to the less accessible option. We've also included a tag for places that have no background music. Guide dogs are allowed in restaurants under Finnish law. This overrides any rules the restaurant itself has posted. Unfortunately Finnish restaurants don't generally have braille menus, and even more infrequently have braille menus in English.

As final note, this guide went to print in early July, so there is always the chance that some of the information here will be out of date by August. Finnish restaurants and bars, generally keep the same hours year round, but it's not unheard of for restaurants to extend their hours a bit. Or for mom-and-pop places to close for a week or two in July. If you come a week or two early, we recommend that you verify restaurant hours. So it's worth double checking the information listed here online.

PASILA





Pasila is what the architects and city planners of the 1970s thought the future should look like. It is also where the con venue is located. There's a great deal of concrete brutalism on display, and the guiding design principle was keeping vehicle traffic separate from pedestrians by raising the walking areas onto plazas with parking garages and maintenance spaces hidden below. The lower areas often have a slightly oppressive, Blade Runner-esque atmosphere, but the pedestrian areas can be quite nice. Pasila is also currently in the midst of a massive construction project with the main Helsinki railway corridor, which runs through it, being built over

with apartment complexes and a shopping mall.

The immediate vicinity of Messukeskus doesn't boast much in the way of dining options, with most of the local restaurants being cafeterias for the numerous office buildings in the neighborhood. Fortunately, the Messukeskus food court itself is quite good by convention center standards. We've also included a couple of local spots for those who want to get out of the main venue, but don't want to stray too far. The Pasila railway station also has some cafés and shops. Unfortunately the ongoing construction of a new station makes it hard to know what will be open at the time of the con.

113. AFRICAN POTS

Street address: Mäkelänkatu 45

Website: <http://www.africanpots.fi/>

Phone: +358 44 974 2088

Email: africanpots@afaes.fi

Opening hours: Mon–Fri 11–16, Sat 13–18

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆

Affordable and tasty African lunch buffet about a 10–15 minute walk (or two tram stops) from Messukeskus. Recommended by our Chair himself!

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25. MALA

Street address: Opastinsilta 10

Website: www.mala.fi

Phone: +358 45 840 8836

Email: info@mala.fi

Opening hours: Mon–Tue 10:30–14:30,
Wed–Fri 10:30–20:00, Sat–Sun
11:30–20:00

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆

Chinese restaurant a short walk away from Messukeskus on the upper level of Itä-Pasila. They have two menus, one that caters Western tastes and one of authentic Chinese dishes (including some dim sum). They serve a lunch buffet from 10:30–14:30 on weekdays. They also have a large, sunny terrace out the back.

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86. MERO-HIMAL

Street address: Veturitori 2

Website:

<http://merohimal.fi/> (in Finnish)

Phone: +358 9 141 091

Email: info@merohimal.fi

Opening hours: Mon–Fri 10:30–19,
Sat 12–19

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆

Good Nepalese restaurant within easy walking distance of the con site. Ten euro lunch buffet on weekdays and à la carte in the evenings and Saturday.

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6. MESSUKESKUS FOOD COURT

Street address: Messuaukio 1

Website: <http://messukeskus.com/?lang=en>

Phone: +358 40 450 3252

Email: fazer.sales@messukeskus.com

Opening hours: Vary depending on the restaurant. Should be open at least in the daytime during the con.

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆

Messukeskus has a total of 21 restaurants and cafés on site, ranging from small coffee counters to à la carte dining. The Messukeskus offering is definitely above average for convention center food. Expect to get somewhat generic versions of whatever type of cuisine is on offer in the restaurant in question.

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53. PIZZAKUNINGAS PASILA

Street address: Asemapäällikönkatu 3

Website: <https://pizza-online.fi/ravintolat/helsinki/pasilankuningas>

Phone: +358 45 840 8317

Opening hours: Mon–Fri 10–22, Sat–Sun 11–22

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: 🌟

The nearest kebab-pizzeria to the con for those looking for cheap eats nearby. Their menu also includes burgers and wings. Make sure you make your way to the restaurant on the upper level of Itä-Pasila, as it is hard to reach from street level.

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63. SUBWAY

Street address: Ratapihantie 6

Website: <http://www.subway.fi/fi/ravintolat/helsinki/helsinki-pasilan-asema>

Phone: +358 50 410 8320

Opening hours: Mon–Thu 06–23, Fri 06–24, Sat 09–24, Sun 10–23

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: 🌟

There are two Subways at the Pasila train station: one in the old station building and one down on street level in the temporary station building. Keep in mind that the ongoing construction work at the station may affect accessibility.

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93. THAI ASIA TAKE-AWAY

Street address: Ratamestarinkatu 3

Email: thaiasia-takeaway@hotmail.com

Phone: +358 50 300 6180

@ThaiAsiaTakeAway

Opening hours: Mon–Fri 11–20

Accessibility: Low step (accessible with a cane or crutches)

Price range: 🌟

Don't let the unassuming facade fool you, this tiny restaurant serves some very authentic Thai dishes at very affordable prices. It is very small, so as the name suggests, get your food to go.

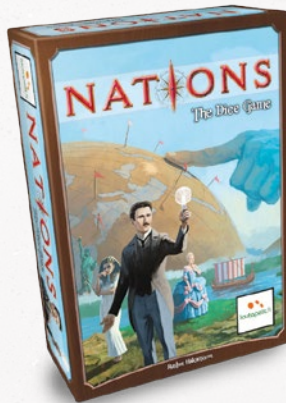
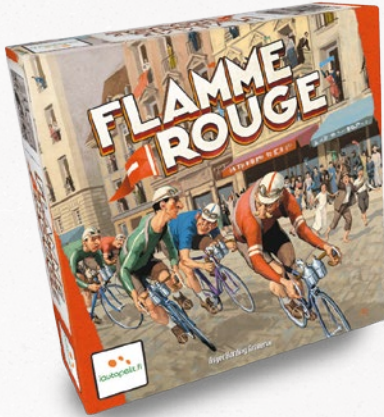


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7. Vouchers cannot be retrospectively applied.
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You will
find us here:



Kamppi shopping centre, 3rd floor
Urho Kekkosen katu 1
00100 Helsinki, Finland

info@lautapelit.fi
www.lautapelit.fi

Downtown Helsinki (*keskusta* in Finnish) is centered on the main railway station, but for the purposes of this guide basically includes the entirety of the southern end of the main Helsinki peninsula. It includes the Kamppi, Kluuvi, Kruununhaka, and Punavuori neighborhoods. The most direct way to get here from Messukeskus is to take the train from Pasila. The number 7 and 9 trams that stop in front of the venue also end up downtown, though they go through other neighborhoods along the way. The Kamppi, Central Railway Station, and University of Helsinki metro stations serve this area.

This area is home to Helsinki's central business district, with several department stores and shopping centers along with many small boutiques and, of course, restaurants and bars. It is the most touristy part of the city and is also where the majority of top-notch fine dining is located. This is often reflected in the prices, though there are also many affordable and casual places downtown. This is also where most of Helsinki's nightclubs are located, and things can get quite lively around the central railway station on Friday and Saturday nights.

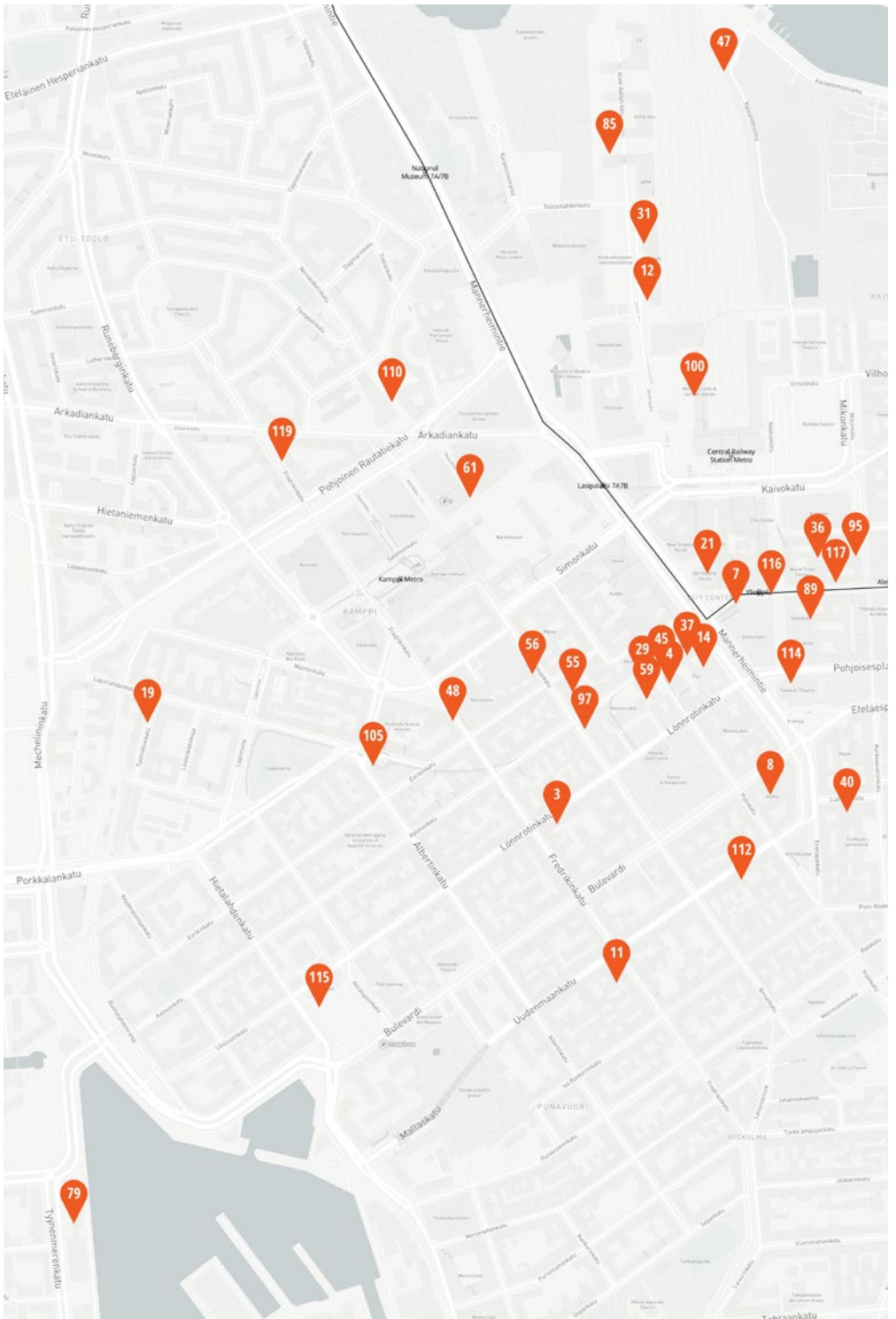
This is the oldest part of modern Helsinki, with a great deal of architecture dating back to the beginning of the 20th century and earlier. The older buildings tend not to have been built with accessibility in mind, with many of the commercial spaces having a couple of steps to get in. Some restaurants have added perma-

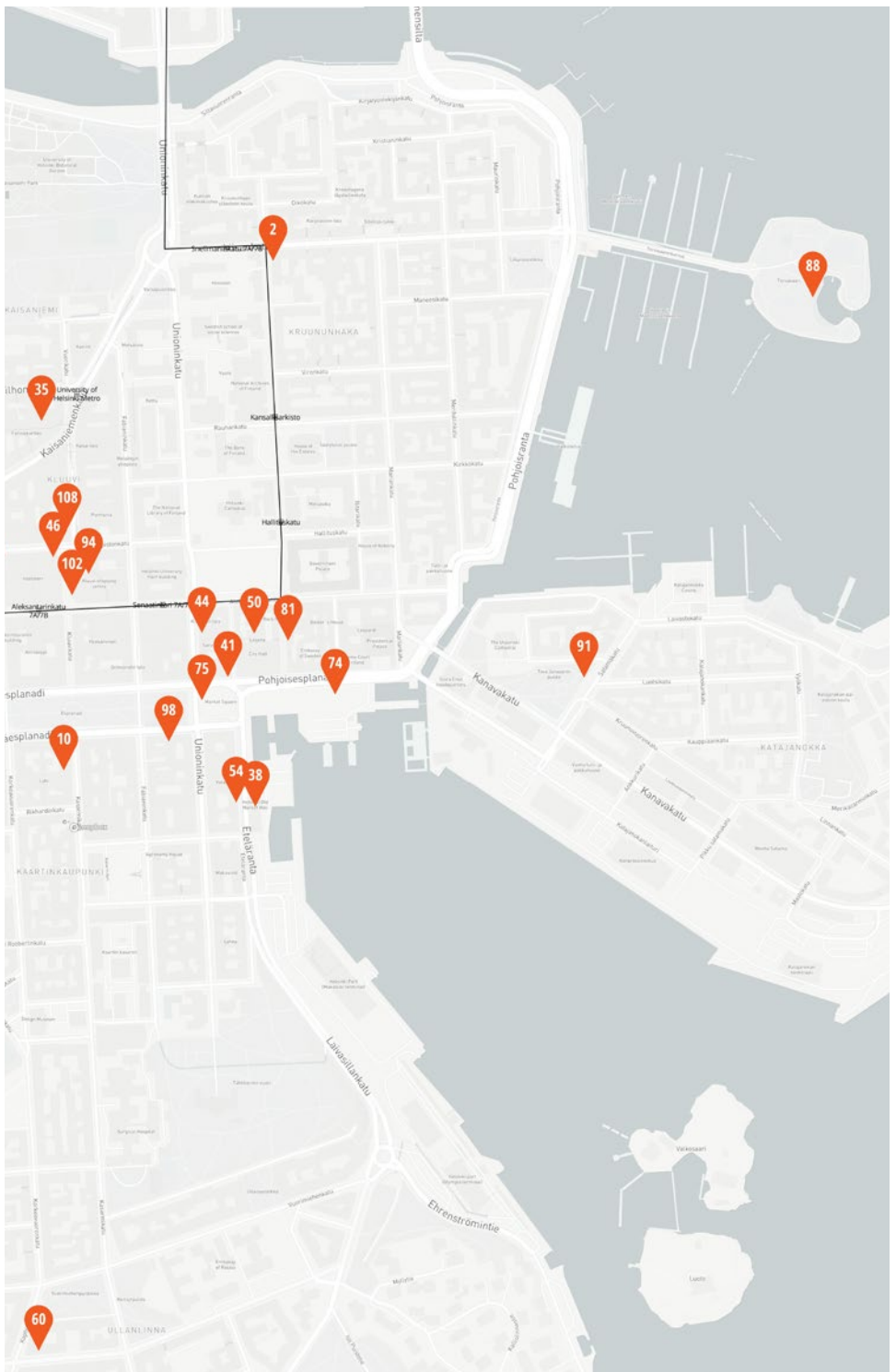
nent ramps. Others claim to have movable ramps, though those can sometimes be more window dressing than genuinely useful. Many of the streets are paved with cobblestone, which can make for a bit of bumpy ride when getting around in wheelchairs or by bike.

There are many shopping centers and department stores in the downtown area. As a rule, they are fully accessible, and will have a wide range of places to eat and drink, from pretty standard food court fair to more upscale dining experiences. Particular shopping centers to keep in mind food-wise are the Kamppi shopping center, which has high-quality restaurants on the ground and top floor (such as *Fisken på Disken*, which GoH Johanna Sinisalo recently sang the praises of), the Forum shopping center, the Kluuvi shopping center, and the Aikatalo shopping center.

The central railway station also has a number of cafés and fast food joints where you can get a quick caffeine fix or snack on your way to or from the con location.

It's worth noting that the area around the Market Square in particular has large numbers of quite aggressive seagulls. The city does its best to keep them at bay, but they have been known to swoop down and knock food out of the hands of unsuspecting victims. Needless to say, it's a terrible idea to knowingly feed them, and also a bad idea to leave untended leftovers outdoors.





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Bars

29. ATELJEE BAR

Street address: Yrjönkatu 26

Website: <https://www.raflaamo.fi/en/helsinki/ateljee-bar>

Phone: +358 20 123 4604

Opening hours: Mon–Thu 14–01,
Fri 14–02, Sat 12–02, Sun 14–00

Accessibility: Not accessible

Price range: ☼☼☼

This classic bar is situated at the top (13th floor) of the historic Tornio hotel, which before the Clarion was built was the tallest hotel in Helsinki. The outdoor terrace offers a splendid panoramic view of the city center. Not the cheapest watering hole, but the view is worth seeing. The ladies toilet one floor below the bar is worth a visit as well. It's truly "a loo with a view" – you can admire a fine vista of the city center while going about your business. (No worries about being seen from below, you are higher than everyone else.)

105. BOOKS & ANTIQUES

Street address: Malminrinne 1

Website: <http://www.sonofapunch.com/>

Facebook: Books & Antiques

Opening hours: Wed–Thu 18–01,
Fri–Sat 18–02, Sun 18–01

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼☼

Disguised as a used book store and antique shop, complete with a dusty display window, this bar is cozy, only seating



16 people, but it's worth seeking out. The cocktails are skillfully crafted and the staff really knows the art of mixology. All drinks were priced at 12.50 euros. Our bartender Jessi gave us quite a show "rolling" one of my drinks from tumbler to tumbler, while telling another bar guest that "no one leaves here sober."

79. CLARION HOTEL HELSINKI – SKY ROOM

Street address: Tyynenmerenkatu 2

Website:

<https://www.nordicchoicehotels.com/clarion/clarion-hotel-helsinki/>

Phone: +358 10 850 3820

Email: cl.helsinki@choice.fi

Opening hours: Mon–Tue 15–24,
Wed–Sat 15–02, Sun 17–22

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼☼

Very trendy recent addition to the Helsinki bar scene. Somewhat expensive cocktail bar with the view over Helsinki (from about 70m high). Nice staff, but crowded, so do not expect to have place to sit (or service) unless prepared to wait some time. Mainly a place to have some drinks, but small snacks are also available.

35. KAISLA

Street address: Vilhonkatu 4

Website: <https://www.raflaamo.fi/en/helsinki/kaisla>

Phone: +358 10 766 3850

Opening hours: Mon–Thu 12–02,
Fri–Sat 12–03, Sun 12–02

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☼☼

A beer paradise located just across the square from the central railway station. They boast a selection of over 200 beers from around the world (the largest in Finland), a very respectable selection of ciders, and the staff is very knowledgeable. They have a short menu of bar snacks on offer in case you need something more than liquid sustenance. Gets quite crowded on Friday and Saturday evenings. Note that the bar actually goes through the block, so there are two entrances on different streets. The entrance furthest from the railway station is the fully accessible one.

Mannerheim used to frequent. They also have a tree growing through the building, because building regulations when they wanted to expand wouldn't allow the tree to be felled, so they just built around it.

61. STEAM HELLSINKI

Street address: Olavinkatu 1

Website: <http://steamhellsinki.fi/>

Phone: +358 44 222 2420

Opening hours: Mon–Sat 16–04

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☼☼☼

Awesome steampunk bar in the heart of Helsinki. They've gone all out with the décor, making this the ideal place for steampunk fans to see and be seen. The bar is stocked with a wide variety of gins and focuses heavily on gin-based drinks. Not the place for a cheap bender, but well worth spending at least part of your evening soaking up the ambiance (and the gin).

47. RAVINTOLA KAISANIEMI

Street address: Kaisaniementie 6

Phone: +358 9 632 223

Email: myynti@ravintolakaisaniemi.fi

Opening hours: Mon–Fri 11–16

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼

Deceptively nice historic restaurant along the main railway line into Helsinki. It's mostly a bar and for-rent event space these days. They have a large, leafy terrace and a cabinet with a secret exit that Marshall

81. TRILLBY & CHADWICK

Street address: Katariinankatu 3

Website: <http://www.trillbychadwick.fi/>

Phone: +358 40 180 3199

Email: juho@sonofapunch.com

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼☼

This fun cocktail bar is disguised as a speak-easy fronted by a detective agency. It's located in the old neoclassical administrative quarter by the Senate Square in a space that has formerly served as a used bookstore

and a police station. The first challenge is finding the unmarked door followed by getting past the foyer into the bar itself. The high-quality cocktails combined with the literary theme make this one not to miss. Reservations for groups of 4 or more are highly recommended on weekends.

4. VILLI WÄINÖ

Street address: Kalevankatu 4

Website: <http://www.villiwaino.fi/>

Phone: +358 50 357 6704

Opening hours: Sun–Thu 14–02,
Fri 14–04, Sat 12–04

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼

Nice pub with lots of micro-brewery and craft beers, plus tasty finger food accompanied by a solid hard rock soundtrack.

Cafés

44. CIAO! CAFFE & WINEBAR

Street address: Aleksanterinkatu 28

Website: <http://www.ciaocaffe.fi/home>

Phone: +358 40 680 3888

Email: aleksi28@ciaocaffe.fi

Opening hours: Mon–Sat 10–19, Sun 12–19

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☼☼

Nice Italian-style café on the second floor of the Kiseleff shopping hall on the Senate Square. Wheelchair access via the

main shopping hall entrance. A good place to grab a salad, panini, or some gelato and admire the view of the main Lutheran cathedral. Also served as the location for the somewhat-weekly informal Worldcon 75 planning meetings.

108. CITY PIE

Street address: Vuorikatu 6

Website: <http://www.citypie.fi/>

Opening hours: Mon–Fri 11:00–19:00,
Sat 10:00–16:00

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☼

Sleek, modern café nestled on the edge of the University of Helsinki's downtown campus. They specialize in savory pies, smoothies and juices, all of which they make themselves from scratch from fresh ingredients. Lunch deals with hearty salads and soups available on weekdays. A nice place to sit and work for a while while enjoying coffee and a bite to eat. Note that while the restaurant itself is fully accessible, it's at the top of a steep hill.



94. FRATELLO

Street address: Yliopistokatu 6

Website: <http://www.latorre.fi/en/location/fratello>

Phone: +358 9 4289 1887

Email: info@fratello.fi

Opening hours: Mon–Fri 7:30–20,
Sat 10–18, Sun 12–18

Accessibility: Fully wheelchair accessible
(no thresholds), No background music

Price range: ☆☆

The hipster brother to La Torrefazione a few blocks away, Fratello offers the same high-quality coffee and lunch experience as its sibling. One of Fratello's particular specialties is siphon coffee. If you're looking to have a relaxed cup of coffee, come outside of lunch hours. Wheelchair access via the Kluuvi shopping center.

48. HELKATTI CAT CAFÉ

Street address: Fredrikinkatu 55

Website: <http://www.helkatti.fi/>
(in Finnish)

Phone: +358 50 460 6096

Email: kissakahvilahelsinki@gmail.com

Opening hours: Tue–Sat 11–19

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆

Helkatti is Helsinki's first and only cat café and is currently home to eight cats. It is located close to the Kamppi metro station. It's a good idea to make a reservation either through the website or by calling. This is an ideal spot to relax for a while with some furry friends and get some cat-friendly décor ideas.

89. LA TORREFAZIONE

Street address: Aleksanterinkatu 50

Website: <http://www.latorre.fi/en/location/aleksanterinkatu>

Phone: +358 9 4289 0648

Email: info@latorre.fi

Opening hours: Mon–Fri 07:30–20,
Sat 09–19, Sun 10–18:30

Accessibility: Not accessible

Price range: ☆☆

This café and coffee roastery is located in the heart of downtown Helsinki on the Aleksanterinkatu shopping street. It offers great coffee and, thanks to its location on the second floor of a historic downtown building, great people watching if you can score a table by the floor-to-ceiling windows. They have breakfast and lunch menus on weekdays and serve brunch on weekends. Gets very crowded around lunch time.

2. MUMIN KAFFE

Street address: Liisankatu 21

Website: <http://muminkaffe.com/en/>

Phone: +358 50 328 6272

Opening hours: Mon–Sun 9–19

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆

The official and original café based on Tove Jansson's beloved Moomin characters. Located in the picturesque Kruunuhaka neighborhood, this café has a play area for children as well as Moomin memorabilia and collectibles for sale. There is a second location at the address Mechelininkatu 3 (across the street from



the cemetery where Tove Jansson is buried) and there are plans to open a third in the Stockmann department store by the time of the con.

114. STARBUCKS ACADEMIC BOOKSTORE

Street address: Pohjoisesplanadi 39
Opening hours: Mon–Fri 07–21, Sat 8–18, Sun 10–18
Accessibility: Fully wheelchair accessible (no thresholds)
Price range: ☺

One of the only two Starbucks locations in central Helsinki, this one is noteworthy for its location in the classic Academic Bookstore designed by Alvar Aalto. A good place to prepare for or recover from a book-buying spree.

Restaurants

119. ATELJE FINNE



Street address: Arkadiankatu 14
Website: <http://www.ateljefinne.fi/en/>
Phone: +358 10 281 8242
Email: info@ateljefinne.fi
Opening hours: Mon–Sat 17–24
Accessibility: Fully wheelchair accessible (no thresholds), No background music
Price range: ☺☺☺

A cozy little restaurant situated in a space that used to be an atelier used by the sculptor Gunnar Finne. Some of his work is on display inside. The short and regu-

larly changing menu offers classic dishes with a Nordic flavor.

112. BAR CAFE NO 9



Street address: Uudenmaankatu 9
Website: <http://bar9.net/english/>
Phone: +358 9 621 4059
Email: postia@bar9.net
Opening hours: Mon–Fri 11–02, Sat–Sun 12–02
Accessibility: Low step (accessible with a cane or crutches)
Price range: ☺☺

Bar9 (*Ysibaari* to the locals) is a mainstay of the Punavuori neighborhood that has survived the rise and fall of many “in” joints in the area. Still trendy, but well-worn-in and cozy like a favorite pair of jeans. The eclectic menu spans salads, woks, pastas, and steaks and should provide something for vegetarians and meat lovers alike. The kitchen is open until 11 pm, making this a good spot for a late night meal.

102. BELGE BAR & BISTRO

Street address: Kluuvikatu 5
Website: <https://www.raflaamo.fi/en/helsinki/belge>
Phone: +358 10 766 3590
Opening hours: Mon 11–23, Tue–Thu 11–01, Fri–Sat 11–03, Sun 12–23
Accessibility: Fully wheelchair accessible (no thresholds)
Price range: ☺☺☺

A two-story Belgian bar and restaurant located on the street side of the Kluuvi shopping center downtown. The bar is



on the first floor, while the second floor is home to the bistro and a library-themed lounge. They have a good selection of Belgian specialties (including moules frites) and often have special seasonal menus. They also have a nice snack menu if you just want something smaller to go with your Belgian beers. Wheelchair access via the interior of the shopping center.

91. BELLEVUE

HELSINKI
CLASSIC

Street address: Rahapajankatu 3

Website:

<http://restaurantbellevue.com/en/>

Phone: +358 9 179 560

Email: info@restaurantbellevue.com

Opening hours: Tue–Fri 11–23, Sat 13–23

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Bellevue turns 100 years old this year and is reputed to be the oldest Russian restaurant outside of Russia. It has held on to the culinary traditions and decor of pre-revolutionary times – here, the blinis are small and thick, not thin like the modern ones that are the norm in Russia these days. The Orthodox Uspenski Cathedral is nearby, for an extra dose of atmosphere.

41. BRYGGERI

Street address: Sofiankatu 2

Website: <http://bryggeri.fi/>

Phone: +358 10 235 2500

Opening hours: Mon–Sat 11–24
(lunch Mon–Fri 11:30–14:30)

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆☆

An underground fine dining restaurant with their own on-site brewery, plus upstairs pub with outdoors summer terrace. They also offer excellent culinary full Scandinavian menus with beer or wine packages.

14. BURGER KING MANNERHEIMINTIE

SAUNA

Street address: Mannerheimintie 12

Website: <https://www.restel.fi/en/restaurants/organize-an-event-or-partie/checkout-our-venues/burger-king-fast-food-sauna>

Phone: +358 20 770 1800

Booking inquiries:

mannerheimintie12.burgerking@restel.fi

Opening hours: Mon–Tue 09–22,
Wed–Sat 09–05, Sun 10–22

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆

It's a Burger King. We're mentioning it, because it has a BK-themed sauna area that you can rent. Also, Burger Kings in Helsinki serve beer.



STEAM HELLSINKI

OLAVINKATU 1, KAMPPI
K-22, FRI-SAT K-24

OPEN MON-SAT 16-04



46. CAVERNA

Street address: Yliopistonkatu 5

Website: <http://www.caverna.fi/>

Phone: + 358 50 555 9325

Opening hours: Sun–Thu 11–21, Fri 11–23,
Sat 12–23

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

Really good buffet restaurant with a lot to choose from. They also have a Vietnamese Pho station where the bowls are made to order, included in the price of the buffet, and it's the best pho in Helsinki.

The restaurant is located in a spacious basement level, but is fully accessible by way of an elevator.

31. EATOS MEXICAN DINER

Street address: Töölönlahdenkatu 3

Website: <http://eatos.fi/en/>

Phone: +358 20 734 6955

Opening hours: Mon–Thu 11–22,
Fri 11–23, Sat 16–23

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

Authentic Mexican cuisine from the more fine-dining end of the spectrum. They are serious about fresh ingredients and authentic flavors. Definitely one of the best of the flurry of Mexican restaurants that have opened in Helsinki over the past few years. They also have a nice selection of tequilas and cocktails.

54. FINNJÄVEL

Street address: Eteläranta 16

Website: <http://www.finnjavel.fi/en/>

Phone: +358 300 472 341

Opening hours: Mon–Sat 18–23

Accessibility: Low step (accessible with
a cane or crutches), No background
music

Price range: ☆☆☆

Experimental fine dining, based on traditional Finnish ingredients and recipes. Ask the waiter – they will probably be able to tell you the name of the cow that provided the milk for the butter on your artisanal bread. This restaurant has earned top reviews from the main Helsinki newspapers. Don't plan on trying this place on a later visit, however. This restaurant has a time limit, and will close in the first half of 2018.

95. FRIENDS & BRGRS

Street address: Mikonkatu 8

Website: <http://friendsandbrgrs.com/en/>

Phone: +358 44 290 0034

Email: helsinki@friendsandbrgrs.com

Opening hours: Mon–Thu 11–21,
Fri–Sat 11–22, Sun 12–21

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

Another member of the Helsinki burger boom. Centrally located on the second floor of the Aikatalo mall with a nice view of the railway station square. Get's very busy around lunch time. Wheelchair access via the mall interior.

116. GASTROPUB STONE'S

Street address: Keskuskatu 4

Website: <https://www.raflaamo.fi/en/helsinki/stones>

Phone: +358 10 766 3740

Opening hours: Mon 11–24, Tue–Thu 11–02, Fri–Sat 11–03, Sun 12–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Gourmet burger and craft beer restaurant a block away from the Central Railway Station. They have a large terrace on a pedestrian street. There's a couple of steps to get in, but once inside it's wheelchair friendly. They also have a meeting room/private dining room available.

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117. GRANDE GRILL

Street address: Aleksanterinkatu 15

Website: <http://grandegrill.fi/?lang=en>

Phone: +358 9 4242 6020

Opening hours: Mon–Thu 11–22, Fri 11–23, Sat 12–23, Sun 13–21

Accessibility: Not accessible

Price range: ☆☆☆

Steak and burger restaurant in the heart of downtown Helsinki. They have large portions and a lava grill, which they use to good effect on their steaks. Good value lunch menu available on weekdays.

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7. HARALD



Street address: Aleksanterinkatu 21

Website: <http://www.ravintolaharald.fi/> or <http://www2.ravintolaharald.fi/ravintola?lang=en>

Phone: +358 44 766 8010

Opening hours: Mon–Tue 11–22, Wed–Fri 11–23, Sat 12–23, Sun 13–22

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆☆

Viking-themed restaurant. The decor and presentation are both amusing and enticing, the service is good, and it is very child-friendly. Wheelchair accessible via lift. The menu consists of several courses for a single price, and the offerings are based on traditional Finnish, Nordic, and Scandinavian foods.

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11. IL BIRRIFICIO

Street address: Fredrikinkatu 22

Website: <http://ilbirri.fi/>

Phone: +358 965 1939

Email: info@ilbirri.fi

Opening hours: Mon–Thu 11–23, Fri–Sat 11–01, Sun 11–15

Accessibility: Low step (accessible with a cane or crutches), No background music

Price range: ☆☆☆

This laidback gastropub is a relatively new but welcome addition to the restaurant scene in the Punavuori design district. Housed in the corner of a beautiful old jugendstil building, they brew their own beer and make their own sausages from scratch. The food is mostly up-

scale pub food. They have lunch deals on weekdays and a popular brunch on weekends.

19. KABUKI

Street address: Lapinlahdenkatu 12

Website: <http://www.kabuki.fi/>

Phone: +358 9 694 9446

Opening hours: Mon 17–23, Tue–Fri 11–14
& 17–23, Sat 15–23, Sun 15–22

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

One of Helsinki's oldest Japanese restaurants. High-quality sushi and hot courses and one of the few places in Helsinki that serves Yakiniku and Sukiyaki prepared at the table. Lunch deals available on weekdays. Quite small, so it's a good idea to call ahead if planning on going with a larger group. The original owner's interests are reflected in the Star Wars and sports memorabilia that decorate the restaurant.

98. KAPPELI

HELSINKI
CLASSIC

Street address: Eteläesplanadi 1

Website: <http://www.kappeli.fi/>

Phone: +358 10 766 3880

Opening hours: Mon–Sun 10–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

This fairy-tale glass pavilion on the Esplanadi park right next to the Market Square houses a fine-dining restaurant, a café, and a bar. They have seasonal menus with a strong Finnish theme. The large

terrace is a good place to have a drink and listen to the regular concerts held on the outdoor stage immediately opposite the restaurant.

37. KIILA

Street address: Kalevankatu 1

Website: <http://www.ravintolakiila.fi/>

Phone: +358 40 511 8952

Email: info@ravintolakiila.fi,
ryhmat@ravintolakiila.fi

Opening hours: Mon–Tue 16–21,
Wed–Thu 16–22, Fri 15:30–23,
Sat 15:30–23, Sun 16–20

Accessibility: Not accessible

Price range: ☆☆☆

Modern, chic restaurant and bar across from the Stockmann department store. On the second floor with a great view of the Three-Smiths square. Can get very busy on Weekend evenings.

45. KOSMOS

HELSINKI
CLASSIC

Street address: Kalevankatu 3

Website: <http://www.kosmos.fi/index.php/en/>

Phone: +358 9 647 255

Opening hours: Mon–Fri 11:30–01,
Sat 16–01

Accessibility: Low step (accessible with a cane or crutches), No background music

Price range: ☆☆☆

This is one of the classic Helsinki restaurants – so old school that they still have a doorman, who for a fee of €2.50 will take care of your coat or extra bags while you

eat. Kosmos used to be a famous hang-out for artists, actors and writers. While a cultural aura still hangs over the premises, the patrons are a more mixed crowd these days, with many journalists, politicians, and lobbyists in the mix. Not a young or trendy place by any means, but a reliable place for a nice meal.

115. HIETALAHTI MARKET HALL

Street address: Lönnrotinkatu 34

Website: <http://www.hietalahden-kauppahalli.fi/en/>

Phone: +358 20 755 9890

Opening hours: Mon–Tue 08–18,
Wed–Sat 08–21:30

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼☼

A recently renovated market hall on the western edge of downtown. Has a wide assortment of high-quality specialist grocers and several restaurants serving food

made from the produce they sell. Note that the opening hours are for the market itself. The hours of individual vendors may vary.

36. MORRISON'S GRILL & GREEN

Street address: Ateneuminkuja

Website: <http://morrisonson.fi/helsinki/?lang=en>

Phone: +358 (0) 9 625 466

Opening hours: Mon–Tue 11–22,
Wed–Fri 11–23, Sat 12–23, Sun 12–22

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☼☼

While there are many things on the menu to choose from, people usually go here for the burgers. They are big and loaded and very tasty.

100. NAMASKAAR INDIAN EXPRESS

Street address: Elielinaukio 3

Website: <http://namaskaarasema.fi/indexEN.html>

Phone: +358 9 278 1370

Email: liakotchow@gmail.com

Opening hours: Mon–Sat 10:30–22,
Sun 12–21

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☼

No nonsense Indian fast food restaurant located in the western wing on the central railway station. Large outdoor terrace.



3. NAUGHTY BRGR

Street address: Lönnrotinkatu 13

Website: <http://www.naughtybrgr.com/contact/?lang=en>

Phone: +358 40 516 4040

Opening hours: Tue–Sat 11–22, Sun 12–19

Accessibility: Low step (accessible with a cane or crutches or in a wheelchair if aided)

Price range: ☆☆

Another recent arrival in Helsinki burger boom. Established by Finnish Top Chef winner Aleksi Herlevi. Fairly straightforward burgers with an emphasis on quality ingredients. Nice variety of toppings and decent veggie options. Hip decor and vibe and a fun place to have a bite to eat and a couple of beers before (or in the midst of) hitting the downtown bars.

56. NEW BAMBOO CENTER

Street address: Annankatu 29

Website: <http://www.newbamboocenter.com>

Phone: +358 50 412 9073

Opening hours: Mon–Fri 11–20

Accessibility: Not accessible, No background music

Price range: ☆

This tiny Chinese-Malaysian restaurant has been around for nearly 20 years. The place is anything but fancy, but always busy around lunch and well loved by vegans and everyone who just wants a nice tasty (and big) curry. Choose mild, medium or hot – but be prepared for a seriously hot dish if you pick that option.

38. OLD MARKET HALL

Street address: Eteläranta

Website: <http://vanhakauppahalli.fi/en/>

Phone: +358 9 3102 3550

Opening hours: Mon–Sat 08–18

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆

Indoor market hall located next to the Market Square. Houses a number of cafés and restaurants along with gourmet grocers and a wine store.

74. OLO

Street address: Pohjoisesplanadi 5

Website: <http://olo-ravintola.fi/en/>

Phone: +358 10 320 6250

Email: info@olo-ravintola.fi

Opening hours: Tue–Fri 11:30–15 and 18–24, Sat 18–24

Accessibility: Low step (accessible with a cane or crutches), No background music

Price range: ☆☆☆

At the time of writing, Olo is one of the four restaurants in Helsinki that have been awarded a Michelin star. They offer an inventive tasting menu that changes with the season. Dinner at Olo takes time, so make sure you have some 3.5 hours to enjoy the experience.



Tour de Helsinki



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hsl.fi/citybikes

55. PARRILLA ESPAÑOLA

Street address: Eerikinkatu 4

Website: <http://www.parrillaespanola.fi/index.php>

Phone: +358 9 603 305

Opening hours: Mon–Fri 11:30–23,
Sat 17–23:30

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Helsinki's oldest Spanish restaurant and a real classic that has stood the test of time. The menu is full of timeless dishes, but the steaks are the real star of the show, and the restaurant is a member of Chaîne des Rôtisseurs. The wine selection is also excellent. It has a very cozy, familial atmosphere. In fact, the restaurant is still run by the same family that founded it in 1960, now with the fourth generation involved in the business.

97. PASSIO

Street address: Kalevankatu 13

Website: <http://passiodining.fi/?lang=en>

Phone: +358 20 735 2040

Email: eat@passiodining.fi

Opening hours: Mon–Thu 11–14:30
and 17–24, Fri 11–14:30 and 16–24,
Sat–Sun 16–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

This restaurant is the highest rated one in Helsinki by Tripadvisor users. At dinner, they have a surprise menu of 3 or 5 courses with either beer or wine. The beers here come from a Helsinki micro-

brewery, the wines from small producers. A relaxed and friendly place, good value for money.

59. PUTTE'S BAR & PIZZA

Street address: Kalevankatu 6

Website: <http://puttes.fi/>

Phone: +358 10 281 8243

Opening hours: Mon–Wed 11–24,

Thu 11–02, Fri–Sat 11–03, Sun 12–24

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

Hipstery Italian-style pizza joint on a side street in downtown Helsinki. Lots of punkish art on the walls and loud music blaring from the stereo. They have a



lunch deal on weekdays that includes a cheese pizza or soup of the day and a great all-you-can-eat salad bar. There's a nightclub in the basement with gigs Fri-Sat starting around nine (club not wheelchair accessible).

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40. RAGU

Street address: Ludviginkatu 3,
Website: <http://www.ragu.fi/>
Phone: +358 9 596 659
Email: reservations@ragu.fi
Opening hours: Mon–Sat 17–24
Accessibility: Low step (accessible with a cane or crutches)
Price range: ☼☼☼

Fine dining with daily alternating menus depending on what's in season. Reservations required.

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75. ROSTER

Street address: Pohjoisesplanadi 17
Website: <https://rosterhelsinki.com>
Phone: +358 9 6128 5850
Opening hours: Mon–Thu 11:30–24,
 Fri 11:30–03, Sat 12–02, Sun 14–22
Accessibility: Fully wheelchair accessible (no thresholds)
Price range: ☼☼☼

Very centrally located new restaurant on two floors right next to the market square. Relaxed atmosphere and friendly service. Wheelchair access to the lower level with chairlift.

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50. SAVOTTA

Street address: Aleksanterinkatu 22
Website: <http://www.ravintolasavotta.fi/en/frontpage.html>
Phone: +358 9 7425 5588
Email: sales@asrestaurants.fi
Opening hours: Mon–Sat 12–23,
 Sun 18–22
Accessibility: Fully wheelchair accessible
Price range: ☼☼☼

Finnish fine dining cuisine with a strong rural theme both in the menu and décor (the name of the restaurant means logging site). Located in a beautiful building along the Senate Square with views of the main cathedral. Well worth a visit!



10. SAVOY

HELSINKI
CLASSIC

Street address: Eteläesplanadi 14

Website: <http://www.ravintolasavoy.fi/en/front-page/>

Phone: +358 9 6128 5300

Email: savoy@royalravintolat.com

Opening hours: Mon–Fri 11:30–15 and
18–24, Sat 18–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

A classic fine dining restaurant with a beautiful view of the Esplanadi park from the roof terrace. The interior and the furnishings were designed by Alvar Aalto. Some of the dishes on the menu are classics that have been served for decades, but Savoy has stayed fresh and creative in their cuisine. The restaurant keeps bees and grows its own herbs and salads in summer. Traditionally, the bees escape at least once per summer and go hang out in the park for a bit.

88. SAVU

Street address: Tervasaari Island

Website: <https://www.ravintolasavu.fi/en/>

Phone: +358 9 7425 5574

Opening hours: Mon–Sat 12–23,
Sun 13–18

Accessibility: Not accessible

Price range: ☆☆☆

This restaurant is located on a tiny island connected to the eastern side of the Kruununhaka neighborhood by a short, pedestrian-friendly causeway across a boat harbor. The building itself is an old

tar storehouse that was built in 1805. “Savu” (which means smoke in Finnish) is true to its name, as smoke and tar are intrinsically woven into the meal. And yet the flavors are fresh and surprising modern takes on traditional rustic Finnish meals. They offer seasonal and locally sourced dishes, and the service makes this an absolute fine dining experience.

60. SEA HORSE

HELSINKI
CLASSIC

Street address: Kapteeninkatu 11

Website:

<http://www.seahorse.fi/index.html>

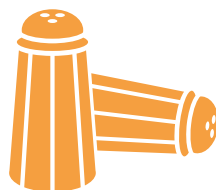
Phone: +358 9 628 169

Opening hours: Mon–Thu 10:30–24,
Fri 10:30–01, Sat 12–01, Sun 12–22:30

Accessibility: Low step (accessible with a cane or crutches), No background music

Price range: ☆☆☆

This restaurant is a bit of a time machine, like something out of a Kaurismäki movie. The interior has hardly changed for decades and the menu has items that have been there for just as long. Only the thick clouds of cigarette smoke have gone, now that smoking in restaurants is banned. Try the fried herring, the meatballs, the beef steak with onions, or the sweetbread for some classic Finnish comfort food.



8. TOSCANINI

Street address: Bulevardi 2-4

Website: <http://toscanini.fi/>

Phone: +358 20 770 4713

Opening hours: Mon–Fri 11–14 and
17–24, Sat 12–24, Sun 17–23

Accessibility: Low step (accessible with a
cane or crutches)

Price range: 🌟🌟🌟

An excellent Italian trattoria with unbelievably delicious antipasti.

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12. WOOLSHED BAR & KITCHEN

Street address: Töölönlahdenkatu 3

Website: <http://www.woolshed.eu/>

Phone: +358 44 760 4086

Opening hours: Mon–Thu 11–24,
Fri 11–04, Sat 12–04, Sun 11–23

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: 🌟🌟

Australian bar and grill specializing in surf and turf and burgers. Located very close to the central railway station with a large outdoor terrace. Decent selection of craft beers. The steaks and lobster are north of 20 euros, but they also have special offers on Mondays, Tuesdays and Thursdays that are very good value. The décor is Aussie kitsch and there's usually a sporting event being shown on the multiple screens.

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21. ZETOR

Street address: Mannerheimintie 3-5
(Kaivopiha)

Website: <http://www.zetor.net/>

Phone: +358 10 766 4450

Email: ravintola.zetor@sok.fi

Opening hours: Sun–Mon 12–24,
Tue 12–03, Wed–Sat 12–04

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: 🌟🌟

Agrarian theme restaurant with traditional Finnish foods. Zetor tractors feature prominently in the décor.

WEST





This area is primarily made up of the Töölö and Taka-Töölö neighborhoods. It is mostly a quiet residential area, but with many smaller restaurants and pubs, including some real local gems and classics. It also boasts some of the best Italian and Japanese restaurants in the city. The easiest way to get to this neighborhood is to take the 7x bus from in front of Messukeskus or from downtown, though the southern end is also within easy walking distance from the railway station. Please note that the 7x bus is a replacement service for the 7A and 7B trams, which will not be running through this area due to track work.

The National Opera, National Museum and Olympic Stadium are all located in this neighborhood and it boasts some wonderful parks, particularly along the Töölönlahti bay and the western shore of the Helsinki peninsula. There are many restaurants and bars near the National Opera and the National Museum tram stops. Streets of particular interest are Museokatu, Hesperiankatu, Runeberginkatu and Mechelininkatu. Most of the buildings in this area are from the 1920s and 1930s, so steps to get into restaurants are quite common, as are cobblestone streets.

Bars

39. ST. URHO'S PUB



Street address: Museokatu 10

Website: <http://www.urhospub.fi/>

Phone: +358 9 5807 7222

Opening hours: Sun–Thu 15–01,
Fri–Sat 15–03

Accessibility: Low step (accessible with a cane or crutches or in a wheelchair if aided), No background music

Price range: ☼☼

The home of the Helsinki Science Fiction Mafia meetings. Named for the invented patron saint of Finland, but also for former Finnish president Urho Kekkonen (he's the bald guy in glasses in all the pictures). Great selection of beers and English ciders, including three rotating taps of real ale, served by very knowledgeable staff. Shares a kitchen with the next door restaurant Manala, so has a

menu of proper pub grub. Being located near both Finnish Parliament and the Helsinki Music Hall, often plays host to politicians and musicians in addition to the bimonthly mafia meetings.

Cafés

78. CAFÉ REGATTA

Street address: Merikannontie 8

Phone: +358 40 414 9167

Email: caferegatta@gmail.com

Facebook: Cafe Regatta (Official)

Opening hours: 08–21 every day

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☼

A café as cozy as a cinnamon bun. The over-100-year-old little cottage hides a gem of Helsinki with small salty and

sweet bites. Plenty of outdoor seats by the sea with music and an open fire to grill sausages over. You don't pay to refill your coffee, they pay you!

52. TANSKALAINEN VOILEIPÄ

Street address: Cygnaeuksenkatu 5

Website: <http://www.tanskalainenvoileipa.esy.es/>

Phone: +358 9 49 48 43

Email: tanskalainenvoileipa@gmail.com

Opening hours: Mon–Fri 09–17, Sat 10–13

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆

This cafe has been making classic Danish open sandwiches for decades. It's nestled away on a quiet side street near the National Museum. The cafe itself only has a couple of seats, but you can always get your sandwich to go and have a picnic in one of the nearby parks.

Restaurants

33. BENJAM'S BISTRO

Street address: Dagmarinkatu 5

Website: <http://www.rzp-bb.com>

Phone: +358 9 492 322

Opening hours: Mon–Thu 11–22, Fri 11–23, Sat 12–23, Sun 13–21

Accessibility: Not accessible, No background music

Price range: ☆☆

This tiny Italian restaurant is an established neighborhood favorite known for generous pizza and pasta dishes. If you want garlic on your pizza, ask for it when ordering!

90. CARELIA BRASSERIE

Street address: Mannerheimintie 56

Website: <http://www.ravintolacarelia.fi/en/frontpage>

Phone: +358 9 2709 0976

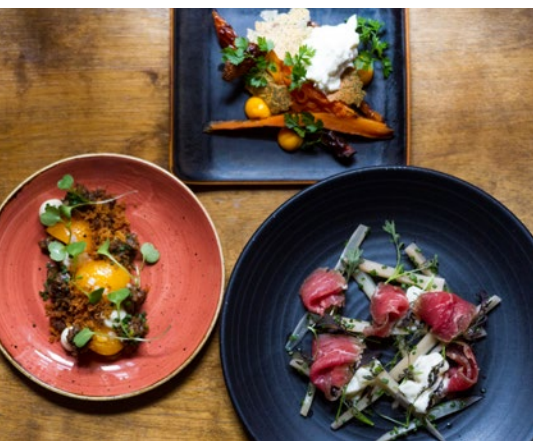
Email: ravintola@ravintolacarelia.fi

Opening hours: Mon–Thu 11:30–23, Fri 11:30–24.00, Sat 16–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Before the Carelia Brasserie opened in this space, it housed a pharmacy with the same name, and some of the old pharmacy furnishings from the 1920s still remain. The menu is French-inspired and the wine list is considered to be one of the best in town – both in terms of quality and value-for-money.



30. COMA

Street address: Museokatu 18

Website: <http://coma.fi/en/>

Phone: +358 9 588 4086

Email: ravintola@coma.fi

Opening hours: Mon–Thu 16–22,
Fri–Sat 15–23

Accessibility: Not accessible

Price range: ☆☆

This Italian restaurant specializes in pastas and risottos. The place is quite small, but there is an outdoor terrace in the back for a bit of extra room when the weather is nice.

80. ELITE

HELSINKI
CLASSIC

Street address:

Eteläinen Hesperiankatu 22

Website:

<http://www.elite.fi/en/front-page/>

Phone: +358 9 6128 5200

Email:

myyntipalvelu@royalravintolat.com

Opening hours: Mon–Fri 11:30–23,

Sat 13–24, Sun 13–23

Accessibility: Low step, No background music

Price range: ☆☆☆

An old favorite in the Töölö neighbourhood that has been a beloved hangout for artists and other locals for decades. Try the salmon soup! If the weather is nice, you can have a drink or a meal on the terrace.

The restaurant does not take table reservations for the terrace – first come, first served, so it's a good idea to arrive early if you want dinner outdoors.



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Museokatu 10, Helsinki
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Sun–Thu 15–01, Fri–Sat 15–03

www.urhospub.fi

110. FARANG

Street address: Aiononkatu 3

Website: <https://farang.fi/en/>

Phone: +358 10 322 9385

Email: info@farang.fi

Opening hours: Tue–Fri 11:30–13:30 and
17–00:30, Sat 17–00:30

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆☆

Farang serves modern Asian fusion food and has a Bib Gourmand mention in the Michelin Guide. The tasting menu is very popular – but quite copious. Make sure you are very hungry if you order it! The caramel braised pork is a perennial favourite. Vegan and vegetarian alternatives are available. Wheelchair access via the courtyard.

1. GYOSAI SUSHI BAR

Street address: Runeberginkatu 40 b

Website: <http://www.gyosaisushi.net/>

Phone: +358 9 241 3440

Opening hours: Tue–Fri 11–19, Sat 12–17

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

This very small sushi bar is easy to overlook. Don't let the austere interior fool you, this is one of the best places to get sushi in Helsinki. The heart and soul of the place is the proprietor, a slightly older Japanese gentleman who sometimes likes to engage customers in some light conversation with his signature Japanese humor.

99. JASKAN GRILLI

Street address: Dagmarinkatu 2

Facebook: <https://www.facebook.com/pages/Jaskan-Grilli/111680452244862>

Opening hours: Mon–Sat 19:30–04:30,
Sun 19:30–00:00

Accessibility: Fully wheelchair accessible
(no thresholds), No background music

Price range: ☆

One of the oldest and most established Finnish street food establishments. Has a large menu of different combos named after public figures. Unfortunately quality seems to have slipped a bit lately.

24. JÄNÖ



Street address: Museokatu 12

Website:

<http://janokioski.fi/en/main-page/>

Phone: +35850 5846800

Email: jano.lippakioski@gmail.com

Opening hours: Mon–Thu 10.30–21,
Fri 10.30–05, Sat 11–05, Sun 11–21

Accessibility: Fully wheelchair accessible
(no thresholds), No background music

Price range: ☆

Jänö is a fully vegan grill and kiosk, born from the popular Facebook group *Sipsikaljavegaanit* (Chips and beer vegans), dedicated to dispelling the notion that vegans are healthy eaters who live on moonbeams and organic kale. These vegan lovers of junk food crowdfunded and purchased one of the old kiosks in Helsinki when the city auctioned them off. Pulled oat pitas, soft drinks, cupcakes and vegan ice cream are on the menu.

28. KUU

Street address: Töölönkatu 27

Website: <http://www.ravintolakuu.fi/en/frontpage>

Phone: +358 9 2709 0973

Email: ravintola@ravintolakuu.fi

Opening hours: Mon–Fri 11:30–24,
Sat 14–24, Sun 14–22

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

There are two Moon restaurants in the Töölö district. This is the original one, called simply Kuu, or The Moon – apparently inspired by the first Moon landing which took place around the time this restaurant first opened its doors. (The other one is KuuKuu, or MoonMoon) There is no freeze-dried astronaut food on the menu, however – just classic Nordic cuisine and an extensive wine list.

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104. KUUKUU

Street address: Museokatu 17

Website: <http://www.kuukuu.fi/en/frontpage>

Phone: +358 9 2709 0974

Opening hours: Mon–Thu 11:30–23,
Fri 11:30–24, Sat 12–24, Sun 12–22

Accessibility: Low step (accessible with a cane or crutches or in a wheelchair if aided), No background music

Price range: ☆☆☆

Small but high quality restaurant using many native Finnish ingredients for their dishes. A bit pricey, but very good food.

.....

27. LEHTOVAARA

Street address: Mechelininkatu 39

Website: <https://www.lehtovaara.fi/en/>

Phone: +358 9 440 833

Email: lehtovaara@lehtovaara.inet.fi

Opening hours: Mon–Fri 11–23,
Sat 16–23, Sun 13–17

Accessibility: Low step (accessible with a cane or crutches), No background music

Price range: ☆☆☆

Lehtovaara is a place with a lot of history – the restaurant started out in 1916 in Viipuri, a city that Finland lost to the Soviet Union in World War II. The restaurant moved to its current location by the Sibelius park in 1940 and has been a part of Töölö life ever since. This is the kind of place where families go to celebrate Grandma's 80th birthday. For a really historic meal, try the Cœur de filet Provençale – it's been on the menu for decades.

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26. LINKO

Street address: Ruusulankatu 3–5

Website: <http://www.linkopizzabar.fi/en/>

Phone: +358 44 733 1337

Email: info@linkopizzabar.fi

Opening hours: TBA

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆

Linko was voted the best pizza in Helsinki. Finns tend to like thin-crust pizzas, and Linko's normal crust is similar in consistency to a very light and crisp water biscuit. They also offer a gluten-free crust option, along with a good selection of toppings.

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OR CALL +358 50 325 4331

64. LYON

Street address: Mannerheimintie 56

Website: <http://www.ravintolalyon.fi/intl/>

Phone: +358 10 328 1560

Email: info@ravintolalyon.fi

Opening hours: Tue–Thu 16–23,
Fri–Sat 16–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

This restaurant combines classic French cuisine with Nordic flavors. It has been around since 1966, evolving with the times but remaining a firm local favorite in the Töölö neighbourhood. These days, it is also often frequented by opera goers before and after the performances, as the Opera House is situated right across the street from Lyon.

17. MANALA

KITCHEN
OPEN LATE

Street address: Dagmarinkatu 2

Website: <http://www.manala.fi/?lang=en>

Phone: +358 9 5807 7707

Email: myynti@botta.fi

Opening hours: Mon–Thu 10:30–02,
Fri 10:30–04, Sat 14–04, Sun 14–02

Accessibility: Not accessible

Price range: ☆☆☆

Manala, or The Underworld, is situated right next to Urho's Pub, and is part of the same restaurant complex. This is a place for hungry night owls, as the kitchen stays open late. The menu is Nordic and international – or you can combine the two and go for the reindeer pizza.

43. STORYVILLE

Street address: Museokatu 8

Website: <http://storyville.fi/eng/>

Phone: +358 50 363 2664

Opening hours: Tue 19–02, Wed–Thu
19–03, Fri 17–04, Sat 19–04, Terrace
open daily 14–02

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

This jazz club is situated right next door to St. Urho's Pub. There is a bar upstairs and a downstairs jazz club, but in summer, the nicest place to be is the leafy outdoor terrace across the street. There are often jazz bands playing here in the evening and infrared heaters to keep the patrons warm even if the night turns chilly. The menu is not long, but various burgers, salads and barbecue dishes are available.

85. SUNNY BAY

Street address: Alvar Aallon katu 3A

Website: <http://www.sunnybay.fi/>

Phone: +358 50 353 4599

Opening hours: Mon–Fri 11–22, Sat
12–22, Sun 12–21

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☆☆

Directly across the park in back of Finlandia Hall, and very close to the Central Railway Station. They offer a buffet during lunch hours, and a wide selection of dishes otherwise. Stunning park views, and the food is delicious and plentiful.

107. TOKYO 55

Street address: Runeberginkatu 55b

Website: <http://tokyo55.fi/>

Phone: +358 9 4342 7640

Opening hours: Mon 11–14 and 16–23,
Tue–Fri: 11–14 and 16–24, Sat 13–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Fine dining sushi restaurant run by the same company that operates the sushi training academy just a few doors away. The food is excellent, though pricey.

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72. TÖÖLÖNRANTA

Street address: Helsinginkatu 56

Website: <http://www.toolonranta.fi/en/front-page/>

Phone: +358 9 6128 5700

Email:

myyntipalvelu@royalravintolat.com

Opening hours: Wed–Fri 16–22,
Sat 13–22, Sun 12–17:30

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Modern Scandinavian fine dining between the Finnish National Opera and the Töölönlahti Bay. Seasonal special menus and good wine selection. The entire restaurant has outstanding views of the bay and the park it's located in and there is also a terrace for al fresco dining.

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71. VILLETTA RISTORANTE E PIZZERIA

Street address: Ruusulankatu 8

Website: <http://www.villetta.fi>

Phone: +358 9 498 960

Opening hours: Mon–Thu 15–22,
Fri 11–23, Sat 12–23

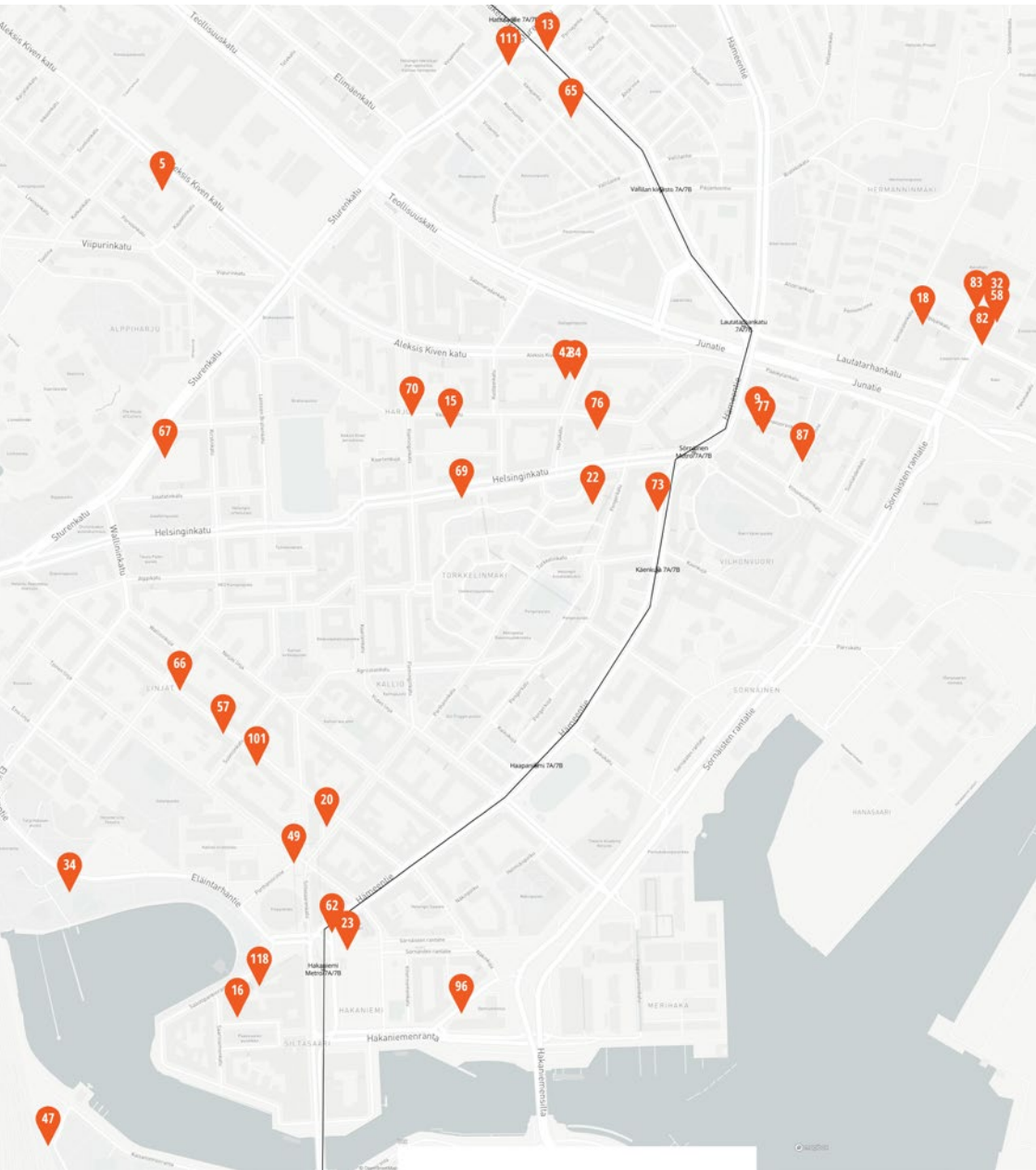
Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

One of the most genuine Italian restaurants in Helsinki, with a real family-run atmosphere (the staff can sometimes be heard engaging in vigorous debates in Italian in the kitchen). Great pasta and main courses, and their pizzas are the best in town. Confusingly, they have two pizza lists. Make sure to order off of the *Pizze con prodotti italiani* list. Quite a small place and they tend to get crowded, so calling ahead is recommended.

EAST





This area is made up of old working-class neighborhoods in varying stages of gentrification. It's also arguably the most hip(ster) part of the city at the moment. This area is often referred to in its entirety as Kallio, though that is not really accurate (the exact borders of the neighborhoods in this area is a perpetual source of bar-room debate).

The 7A and 9 trams from Messukeskus pass through this area. It is also served by three metro stations: Hakaniemi, Sörnäinen, and Kalasatama. The metro is the quickest way to get here from downtown.

This area is home to the Hakaniemi Market Square and indoor market, both of which are more food oriented and less touristy than the Market Square downtown. The square is surrounded by numerous restaurants, cafes and bars.

The surroundings of the Sörnäinen metro station have many bars and restaurants. They are a mix of very hip spots,

classic neighborhood establishments, and some real old-school dives. Part of this neighborhood (primarily the Vaasankatu street) is also home to a handful of "adult entertainment" venues. It's not an unsafe part of town by any means, but the high concentration of bars means it can get a bit rowdy on weekends, particularly around closing time.

Between Hakaniemi and Sörnäinen is the stylish Linjat neighborhood with its many high-quality small restaurants and cafes. Next to Sörnäinen by the Kalasatama metro station you will find Teurastamo, the old Helsinki abattoir that has been converted into a center for foodie culture. Just north from Sörnäinen, the traditionally rather sleepy Vallila neighborhood is also seeing a bit of restaurant renaissance.

This area has quite a few hills, particularly when heading north from Hakaniemi.

Bars

EAST

58. B-SIDE BAR

Street address: Työpajankatu 2
Website: <https://teurastamo.com/toimija/b-side-bar/> (in Finnish)
Phone: +358 44 988 3686,
FB bsideHKL, @bsidebarHKL
Opening hours: Wed–Thu 16–24,
Fri–Sat 16–02
Accessibility: Fully wheelchair accessible
(no thresholds)
Price range: ☼☼

This bar and sibling to B-Smokery was voted best bar of the year by a local food and wine magazine. It is also possibly one of the most hipster bars in Helsinki (they serve PBR as an import beer). Like many of the places in Teurastamo, the décor is a very trendy industrial conversion. They maintain a good selection of microbrews and inventive cocktails (ask them how they smoke the Campari to make their signature smoked Negroni). Nibbly bits from B-Smokery's kitchen are also available.



76. HILPEÄ HAUKI

Street address: Vaasankatu 7
Website: <http://www.kalaravintolat.fi/hilpeahauki>
Phone: +358 9 3508 4739
Email: hilpea.hauki@delifox.fi
Opening hours: Every day of the year
12–02
Accessibility: Low step (accessible with a cane or crutches), No background music
Price range: ☼☼

This cozy pub has been a mainstay of the Sörnäinen area for 23 years. With an outstanding beer selection and friendly knowledgeable staff, this pub is a real home away from home for many locals. The pub is dog friendly, and there's usually at least one furry friend around at any given time. For what it's worth, this is also the guide editor's main watering hole.

5. MALTAINEN RIEKKO

Street address: Aleksis Kiven katu 56
Website: maltainenriekko.fi
Phone: +358 9 876 1616
Opening hours: Mon–Thu 15–02,
Fri–Sat 12–02, Sun 12–24
Accessibility: Low step (accessible with a cane or crutches or in a wheelchair if aided)
Price range: ☼☼

Maltainen Riekko is a cozy neighborhood pub located a few tram stops away from the conference venue. It specializes in quality beers and ciders, both imported and Finnish. The staff is very knowledgeable and can assist in finding your preferred drink.

57. PUB SIRDIE

KAURISMÄKI

Street address: Kolmas Linja 21
Website: <http://pubsirdie.com/> (in Finnish)
Phone: +358 9 694 2998
Opening hours: Mon–Sat 18–02,
Sun 18–24
Accessibility: Low step (accessible with a cane or crutches)
Price range: ☆

If you are a fan of the movies of Aki Kaurismäki, you need to visit this bar (part of the movie Calamari Union was filmed here). This bar has remained mostly unchanged since it was opened in 1966.

66. TOVERI

Street address: Castréninkatu 3
Website: <http://toveri.fi/> (in Finnish)
Phone: +358 9 753 3862
Email: toveri@toveri.fi
Opening hours: Mon–Thu 17–24,
Fri–Sat 17–02
Accessibility: Low step (accessible with a cane or crutches)
Price range: ☆☆

This classic Kallio bar has been here since 1936 under various names. It's been tastefully renovated with a lot of respect for the history of the place and even has some of the original furniture. It's now a nice, quiet place to have a couple of beers.



Cafés

22. CAFELITO CAFÉ & DELI

Street address: Harjutori 2
Website: <http://cafelito.fi/>
Phone: +358 45 132 0075
Opening hours: Mon–Fri 08–16,
Sat 09–16
Accessibility: Low step (accessible with a cane or crutches)
Price range: ☆

This charming small Spanish café is one of the latest arrivals in the emerging renaissance of the Harjutori park in the Kallio neighborhood. Good coffee, bocadillos and sweets. They also have breakfast deals and a soup of the day lunch on weekdays.

101. GOOD LIFE COFFEE

Street address: Kolmas Linja 17
Website: <https://goodlifecoffee.fi/>
Email: info@goodlifecoffee.fi
Opening hours: Mon–Fri 08–18,
Sat 09–16
Accessibility: Fully wheelchair accessible (no thresholds)
Price range: ☆

High quality coffee shop and roastery. Can get pretty busy at times, but you can always get your coffee to go and wander around the hip Linjat neighborhood it's located in.

42. JAMAICA SUNSHINE – JUICE BAR & CAFÉ

Street address: Aleksis Kiven katu 12
Phone: +358 40 815 7671
Email: jamaica.sunshine@outlook.com
Facebook: @jamaicasunshinefinland
Opening hours: Mon–Thu 12–20,
 Fri–Sun 12–22
Accessibility: Low step (accessible with a
 cane or crutches)
Price range: ☺

Café and juice bar near the Sörnäinen metro station. The proprietor, known as The Lion, makes and bottles his own brand of fresh juices on the premises. He also serves a variety of Jamaican coffees and teas, and this is the only place in Finland selling Marley Coffee (produced by Bob Marley's son).

84. SÄVY COFFEE BAR

Street address: Aleksis Kiven katu 12
Website: <http://kahvilasavy.fi/>,
Facebook: Kahvila Sävy
Opening hours: Mon–Thu 07:30–18,
 Fri 07:30–18, Sat 10–16
Accessibility: Low step (accessible with a
 cane or crutches)
Price range: ☺

A light and airy coffee bar near the Sörnäinen metro station. Very good coffee and a selection of savory and sweet snacks as well as breakfast menus along the lines of granola and yogurt, coffee and juice. There'll usually be a jazz record playing in the background. They have a couple of tables outside, but there is a nice park right across the street. A good place to coffee up before hitting the record and vintage shops in the neighborhood.



Restaurants

111. ADDIS ETHIOPIAN KITCHEN

Street address: Sturenkatu 28
Website: <http://www.addiskitchen.fi/>
Phone: +358 09 4257 7877
Email: info@addiskitchen
Opening hours: Tue–Fri 11–21, Sat 12–21,
 Sun 13–21
 Low step (accessible with a cane or
 crutches)
Price range: ☺☺

Authentic Ethiopian cuisine in the up and coming Vallilla neighborhood. The menu is very simple, with just an assorted

vegan dish and an assorted beef dish to choose from, but all of the flavors in the assortments are spot on.

67. BLINIT

Street address: Sturenkatu 9

Website: <http://blinit.fi/>

Phone: +358 40 090 9603

Opening hours: Tue–Fri 12–22,
Sat–Sun 13–22

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆

The decor is a mashup of Russian opulence overlaid on 1960s American Waffle House, but the food is really good. They offer large portions of both sweet and savory blinis, a variety of dumplings, and soups such as borsch and fish seljanka.

32. B-SMOKERY

Street address: Työpajankatu 2

Website: <http://bsmokery.fi/home/>

Phone: +358 40 777 5959

Email: info@bsmokery.fi

Opening hours: Wed–Thu 11–14 and
17–21, Fri 11–1 and, 17–22, Sat 13–22

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆

High quality American BBQ restaurant in the old Helsinki abattoir. Located in a very trendy converted industrial space, they boast having Scandinavia's only Southern Pride smoker from Texas. Seasonal lunch menu and à la carte in the evenings. Despite the fairly carnivorous

basic concept, they actually have pretty good vegetarian options as well. They also have a large outdoor terrace.

34. CAFE & RESTAURANT PIRITTA

Street address: Eläintarhantie 12

Website: <https://www.piritta.fi/>
(in Finnish)

Phone: +358 9 753 1732

Email: piritta@piritta.fi

Opening hours: Mon 09–20, Tue–Fri
09–21, Sat 09–21, Sun 09–19

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆☆

A classic, recently heavily refurbished café and restaurant located in a park on the water. The à la carte is a bit pricy but it's a great place to grab a coffee and enjoy the massive terrace.

70. DÖNER HARJU

Street address: Fleminginkatu 23

Website: <http://donerharju.fi>

Phone: +358 45 180 5868

Opening hours: Mon–Thu 10:30–22,
Fri 10:30–23, Sat 12–23, Sun 13–21

Accessibility: Not accessible

Price range: ☆☆

A small kebab venue that provides more flavorful food than most other kebab restaurants in Helsinki. It is quite popular and there are often not enough seats. The decor is the typical rough concrete of a gentrifying neighborhood.

23. HAKANIEMI MARKET HALL

Street address: Hämeentie 1

Website: <http://www.hakaniemenkauppahalli.fi/> (in Finnish)

Phone: +358 9 3102 3560

Email: info@hakaniemenkauppahalli.fi

Opening hours: Mon–Fri 08–18,
Sat 08–16

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☺☺

The Hakaniemi Market Hall is an authentic indoor market with bustling narrow corridors lined with stalls selling all manner of produce. It also has a few restaurants primarily serving lunch. Note that the opening hours are for the market itself. The hours of individual vendors may vary.

16. JUTTUTUPA

SAUNA

Street address: Säästöpankinranta 6

Website: <http://www.juttutupa.fi/?lang=en>

Phone: +358 20 742 4240

Email: juttutupa@graniittiravintolat.fi

Opening hours: Mon–Tue 10:30–24,
Wed–Thu 10:30–01, Fri 10:30–03,
Sat 11–03, Sun 12–23

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺

Traditional working class bistro with a history reaching back to 1884. Located in a castle-like stone building that was the home of the Helsinki Workers association, this one would be worth a visit for the architecture alone, but the food is also a hearty mix of traditional Finnish dishes

and generous pizzas and burgers. Juttutupa regularly hosts musical gigs and has a large outdoor terrace by the sea. They also have a sauna that you can reserve.

62. KALLION SÄVEL FINBISTRO

Street address: Hämeentie 2

Website: <http://kallionsavel.fi/index.php?page=front&lang=fi>

Phone: +358 400 265692

Opening hours: Mon–Wed 10:30–24,
Thu–Fri 10:30–02, Sat 12–02, Sun 13–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☺☺

Modern bistro right next to the Hakaniemi market. The menu is a mix of traditional and modern dishes, from Wiener schnitzel to vegan burgers. They also have weekday lunch offers. Laptops are banned here, so not the place to come if you're looking to get some work done.

83. KELLOHALLI

Street address: Työpajankatu 2

Website: <https://kellohalli.fi/>

Phone: +358 50 339 5400

Email: info@kellohalli.fi

Opening hours: Lunch Mon–Fri 10:30–14,
terrace open on summer evenings

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺

Lunch restaurant and event space located in Teurastamo, the old Helsinki abattoir. The name of the restaurant translates as “Clock Hall” taken from the clock over the

large entryway. The restaurant is open to the public for lunch on weekdays and for private functions in the evenings. Also open during public events in Teurastamo.

20. KOLMON3N

Street address: Kolmas Linja 11

Website: <http://kolmon3n.com/en/>

Phone: +358 44 775 3333

Opening hours: Mon–Fri 10:30–15:15 and 16:30–23, Sat 12–14:15 and 15–23

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Modern Nordic fine dining in the heart of Kallio. Kolmon3n (named for the street, Kolmas Linja, which translates as “Third Line”) focuses on locally sourced, seasonal produce. They offer a high-quality lunch during the day, and à la carte and tasting menus in the evenings. There are only 30 seats in the whole place, so it’s wise to make a reservation.

9. KOMBO WINEBAR & KITCHEN

Street address: Kulmavuorenkatu 2

Website: <http://kombowinebar.fi/Kombo.html>

Email: kombowinebar@gmail.com

Opening hours: Wed–Sat 17–24

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Cozy Spanish tapas restaurant located in the bustling Sörnäinen neighborhood. The couple who own it maintain a laid-back atmosphere that is like a little piece

of Spain in Helsinki. Great food and excellent wines (some of which they import themselves). Can get crowded on weekends, so email them in advance to make sure you get a table.

96. KUJA BAR AND BISTRO

Street address: Hakaniemenkatu 7

Website: <http://www.kujabarbistro.fi/en/>

Phone: +358 400 461 008

Email: info@kujabarbistro.fi

Opening hours: Mon–Tue 10:30–22, Wed–Thu 10:30–23, Fri 10:30–00, Sat 11:00–00, Sun 11:00–21

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☆☆☆

Small modern bistro near the Hakaniemi Market Square. The menu is a trendy mix of burgers, crêpes, white pizza, and some more traditional options. Offers lunch deals on weekdays and serves a popular brunch on Saturday and Sunday. They have a stated age limit of 21. Dogs welcome.



15. LEVANT KALLIO

VEGAN/
VEGETARIAN

Street address: Vaasankatu 25

Phone: +358 45 219 6590,

Facebook: @levantkallio, #levant.helsinki

Opening hours: Mon–Fri 11–20, Sat 11–21, Sun 13–20

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺

Middle-Eastern vegetarian and vegan fast food restaurant serving fresh meze, salads, and rolls on the hip Vaasankatu bar street.

73. LOOSISTER

SAUNA

Street address: Hämeentie 50

Website: <http://barloosister.fi/index.php?lang=en>

Phone: +358 44 791 3116

Opening hours: Mon–Thu 14–02, Fri–Sun 12–02

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺

This rockbistro and bar goes up to eleven! The name comes from the fact that it is the sister establishment to downtown music venue Loose. The menu is focused on burgers and pizza with a good selection of vegetarian options. They also have a good selection of local beers. A popular place on weekends amongst locals looking to cure (or create) a hangover. They also have a basement sauna area available for rent (not wheelchair accessible). Note that there is a low threshold at the front door and some of the tables are on raised platforms.

65. MELT NEW YORK EATERY

Street address: Suvannontie 18

Website: <http://melteatery.fi/index.html>

Email: anne@melteatery.com

Opening hours: Tue–Fri 08–19, Sat 11–19, Sun 11–16

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☺

New York style modern diner in the picturesque Vallila neighborhood. They serve a variety of sandwiches, salads, soups, and desserts. Their weekend brunch is excellent and very popular.

118. MERIPAVILJONKI

Street address: Säästöpankinranta 3

Website: <http://www.ravintolameripaviljonki.fi/?lang=en>

Phone: +358 20 742 5320

Email: meripaviljonki@graniittiravintolat.fi

Opening hours: Mon–Tue 11–22, Wed–Fri 11–24, Sat 14–24, Sun 11–16

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺☺

This floating glass walled restaurant near Hakaniemi focuses on seafood and offers a panoramic view of the Eläintarhanlahti bay. There is a small threshold on the bridge to the building, but the inside is fully accessible.



13. RESTAURANTE COCO GRILL

Street address: Sturenkatu 31

Website:

<http://www.restaurantecocogrill.com/>

Phone: +358 41 368 1084,

Email: www.restaurantecocogrill@gmail.com,

FB @restaurantecocogrill

Opening hours: Mon–Thu 11–21,

Fri 11–22, Sat 12–22

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☺☺

This laid back Venezuelan restaurant is part of the new wave of restaurants opening up in the Vallilla neighborhood. Great meat dishes and good selection of vegetarian options.

49. SILVOPLEE

VEGAN/
VEGETARIAN

Street address: Toinen linja 7

Website: <http://silvoplee.fi>

Phone: +358 9 726 0900

Email: info@silvoplee.fi

Opening hours:

Restaurant: Mon–Fri 11–19, Sat 11–18,

Café: Mon–Fri 08–19, Sat 10–18

Accessibility: Fully wheelchair accessible (no thresholds), No background music

Price range: ☺☺

Vegetarian restaurant where you load up your plate from the buffet and pay by the weight. There are tags that tell you what everything contains in both Finnish and English. There is also café where you can get breakfast.

77. SOCIAL FOOD BURGER JOINT

Street address: Kulmavuorenkatu 4

Website: <http://www.socialfood.fi>

Phone: +358 40 833 3703

Opening hours: Tue–Thu 11–19,

Fri–Sat 11–21, Sun 11–18

Accessibility: Low step (accessible with a cane or crutches or in a wheelchair if aided)

Price range: ☺

Small new burger joint founded by Finnish Masterchef winner Mika Tuomonen. Located near the Sörnäinen metro and tram stops. Straightforward, high-quality burgers made on a charcoal grill. Good vegetarian options. Burger fans should not miss this one.

87. SÖRKAN RUUSU

KAURISMÄKI

Street address: Pääskylänrinne 3

Phone: +358 40 6525012

Facebook: @sorkanruusu

Opening hours: Sun–Thu 14–00,

Fri–Sat 14–02

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☺☺

A nice new beer pub in the Sörnäinen neighborhood. Good selection and often has live music on weekends. It's located in a space that was used in the filming of the Kaurismäki movie Man Without a Past. Pet friendly.

69. TENHO RESTOBAR

Street address: Helsinginkatu 15

Website:

<http://www.ravintolatenho.fi/en/>

Phone: +358 44 971 3151

Email: info@tenhorestobar.fi

Opening hours: Mon–Tue 11–00,
Wed–Fri 11–02, Sat 12–02, Sun 12–00

Accessibility: Not accessible

Price range: ☹☹

This recently renovated second floor restaurant, bar, and event space has quickly become a center of nightlife and cultural events in the neighborhood. The menu primarily consists of up-scale pizza and pub grub. They host a wide range of events from flamenco to bluegrass, and there's some kind of gig on nearly every night. A good place to have a meal before, in the midst of, or after hitting the bars on Vaasankatu and the surrounding neighborhood.

82. TEURASTAMON PORTTI ROSLUND

Street address: Työpajankatu 2

Website: <http://www.roslund.fi/teurastamon-portti/> (in Finnish)

Phone: +358 20 755 9895

Email: teurastamonportti@roslund.fi

Opening hours: Mon–Thu 08–17,
Fri 08–18, Sat 11–18

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☹☹

The Teurastamo location of the Roslund butcher shops is located in the gatehouse of the old Helsinki abattoir. They have

managed to squeeze both a butcher shop and restaurant into the small space (the outdoor terrace helps in summer time). The à la carte menu consists pretty much only of gourmet burgers and steaks, so vegetarians probably won't find much here, but meat eaters will likely be more than happy with what's on offer.

18. TISLAAMO – DISTILLERY BAR

Street address: Työpajankatu 2a

Website: <https://www.hdco.fi/>

Phone: +358 20 719 1460

Opening hours: Wed–Thu 17–24,
Fri–Sat 17–02

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☹☹☹

Located in the hip Teurastamo area, a 1930s abattoir recently converted into a foodie hotspot, Tislaamo is the on-site bar and restaurant of the award-winning Helsinki Distilling Company. While quite pricey, this is well worth a visit for all fans of high-quality spirits and cuisine. They have a summer terrace and have plans to open a sauna in their old smokestack (because of course they do). Distillery tours and guided tastings available.

THE GREAT BEYOND



This is a catch-all section for a couple of places we felt were worth a little trip outside of central Helsinki. The places with listings here are all within the Helsinki Metropolitan Area and are fairly easy to access via public transport. We've included instructions on how to find them in the descriptions.

For those interested in something even more far afield, some good day trip with excellent culinary options include driving out to Porvoo or Fiskars, or even taking the ferry to Tallinn.

118. BRITANNIA

Street address: Vanhaistentie 1

Website: <http://britannia.fi/helsinki-ravintola-britannia/>

Phone: +358 20 7191975

Opening hours: Sun–Thu 11–24,
Fri–Sat 11–02

Accessibility: Low step (accessible with a cane or crutches)

Price range: ☺☺

Finland's oldest English pub can be found in one of Helsinki's northern suburbs. Good beer, pub grub, lunch deals and live music. There's a construction site next door at the moment, which makes the terrace a little less attractive. Use the HSL journey planner to find your way here.

92. GALLOW'S BIRD

Street address: Merituulentie 30

Website: <http://www.gallowsbird.fi/>

Phone: +358 50 444 1292

Email: info@gallowsbird.fi

Opening hours: Sun–Thu 15–00,
Fri–Sat 15–02

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☺☺

A home away from home for beer connoisseurs out in Espoo, Helsinki's neighboring city to the west. Gallows Bird is about a 20-minute bus ride from the Kamppi terminal in downtown Helsinki. It's best to use the HSL journey planner to figure out which bus to take.

109. PIKKULINTU

Street address: Klaavuntie 11

Website: <http://www.pikkulintu.fi/>

Phone: +358 09 321 5040

Email: ravintola@pikkulintu.fi

Opening hours: Mon–Thu 15–24,
Fri 15–02, Sat 12–02, Sun 12–24

Accessibility: Fully wheelchair accessible
(no thresholds)

Price range: ☺☺

This gem of a beer and whisky pub is hidden out in the eastern suburbs of Helsinki. To get here, take the metro east

to the Puotila station (about 20 minutes from the central railway station, make sure you take the metro heading to the Vuosaari terminus). Head out the eastern exit and keep walking in that direction for couple of hundred meters or so. The pub is in a small 1960s open-air shopping mall. They have a great rotating selection of craft beers and whisky selection that has been known to cause tears of joy.

103. SUOMENLINNAN PANIMO

Street address: Suomenlinna c 1

Website: <http://www.panimoravintola.fi/en/>

Phone: +358 20 7425 307

Opening hours: Mon–Sat 12–22,
Sun 12–18

Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆☆

A short 15-minute ferry ride from the Market Square will bring you to Suomenlinna, Helsinki's island fortress and Unesco world heritage site. Suomenlinnan Panimo is a brewery and restaurant located in an old stone barracks building right next to the main pier. The menu is traditional Finnish cuisine with a bit of a Russian twist. A very nice place to fuel up after a long day exploring the

fortress and a handy spot to grab some tasty craft beer while waiting for the ferry back to the mainland.

51. WALHALLA

Website: <http://www.restaurantwalhalla.com/en/>

Phone: +358 9 668 552

Email: walhalla@ravintolawalhalla.com

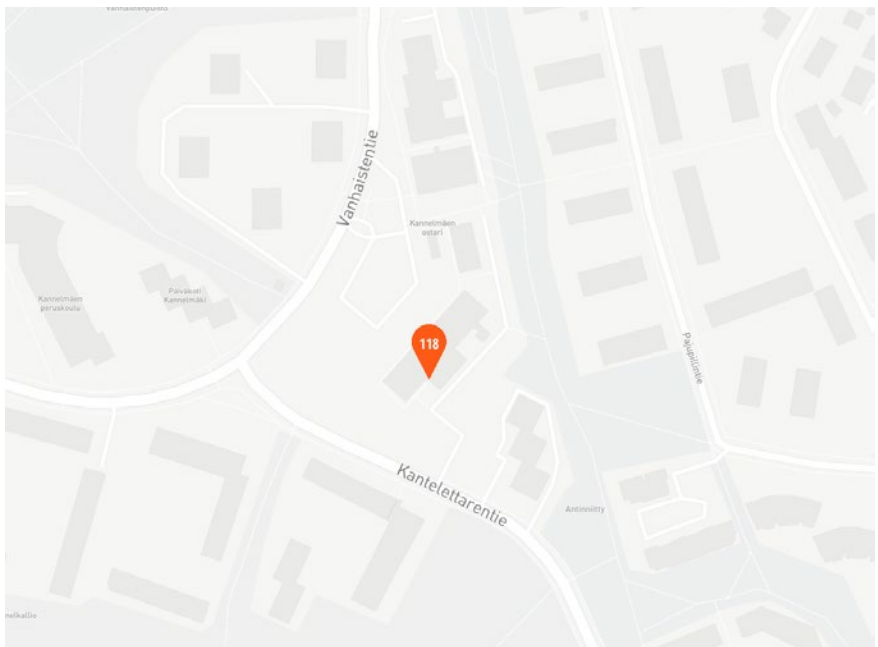
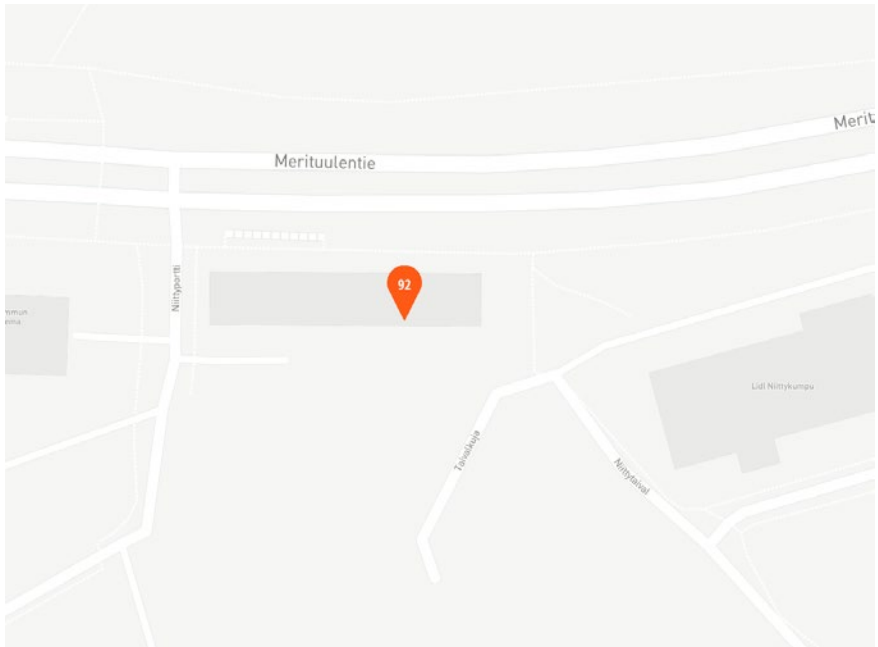
Opening hours: Pizzeria Mon–Sat 12–20,
Sun 12–18, Gourmet Mon–Sat 17–24

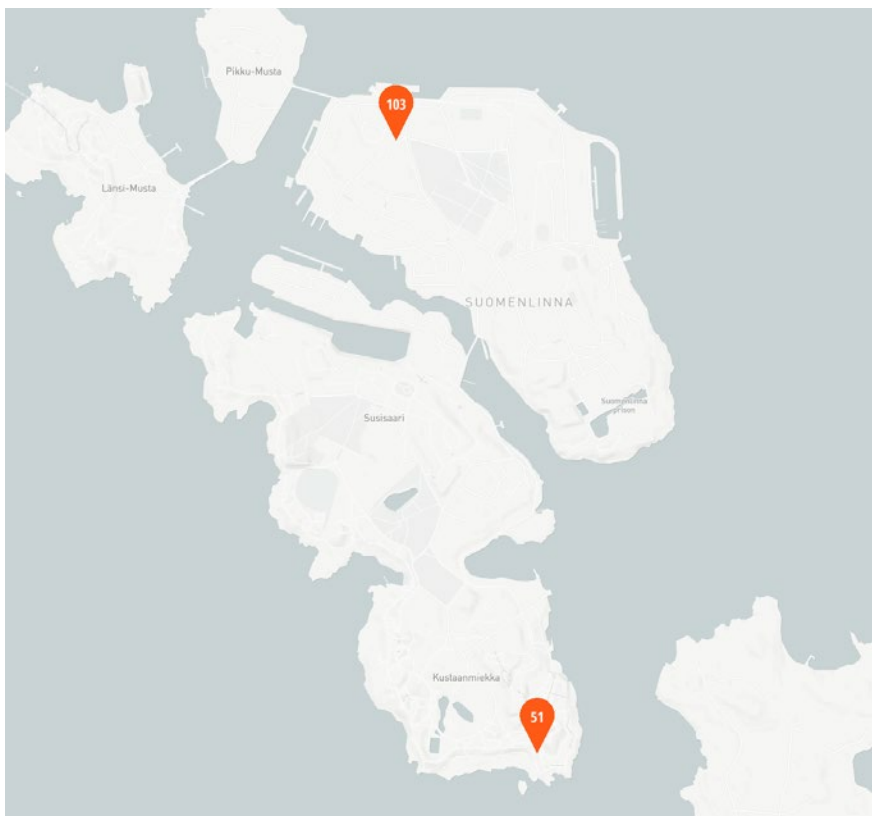
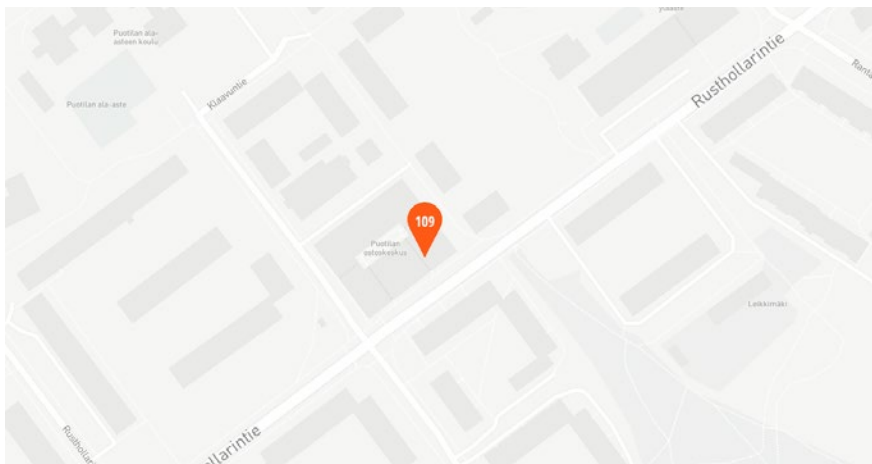
Accessibility: Fully wheelchair accessible (no thresholds)

Price range: ☆☆☆

Walhalla awaits those hearty souls who make the trek all the way out to the southern tip of Suomenlinna. Alternatively you can take the JT-Line waterbus directly to the Kuninkaanportti pier. Walhalla is a gourmet restaurant and pizzeria located inside the island's stone fortifications. The gourmet side is quite pricey, but the pizzeria is affordable. They have a large outdoor terrace and stunning sea views.







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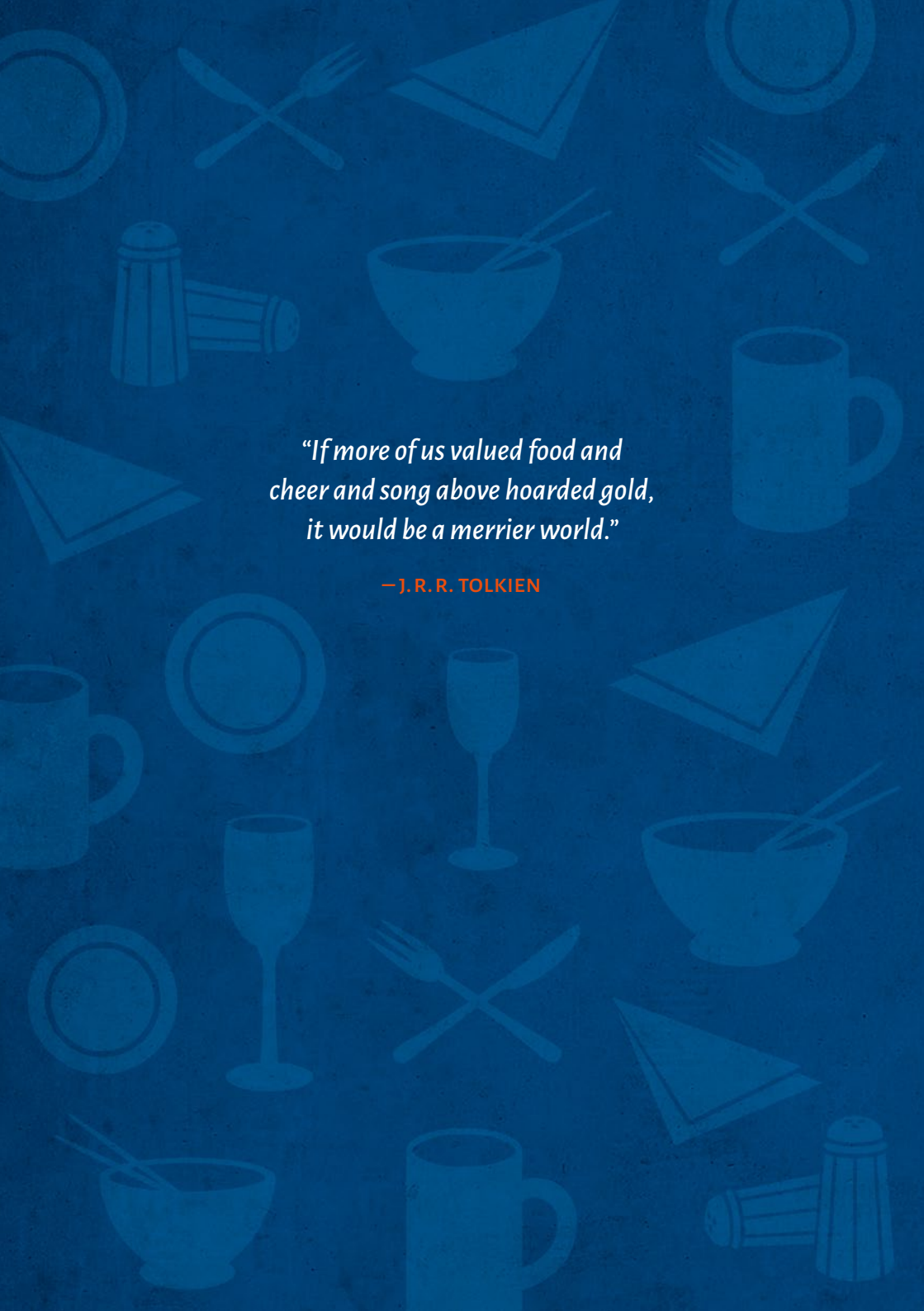
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*“If more of us valued food and
cheer and song above hoarded gold,
it would be a merrier world.”*

—J. R. R. TOLKIEN